

A silhouette of a soldier in full combat gear, including a helmet and a rifle, stands against a bright sunset. The soldier is positioned on the left side of the frame, looking towards the right. The background shows a hazy landscape with mountains under a warm, orange and yellow sky.

Australian Peacekeeper

WINTER 2013

MAGAZINE

**First battle
honour
since
Vietnam**

**Honour
distinction for
Peacekeeping
operation**

PLUS

Saving lives in Uruzgan Preparing for final rotation

Countdown to fleet spectacular **Unique recovery centre**

The Ultimate U.S. – Australian Alliance



ATK is the world's largest ammunition manufacturer. NIOA is Australia's largest ammunition distributor. Through our ATK-NIOA Munitions joint venture, we will give Australia a world-class source for its own needs from the Benalla and Mulwala operations as well as access to the markets of 100 countries for DMMA-facility ammunition.

www.atk.com / www.nioa.com.au

ATK is a registered trademark of Alliant Techsystems Inc.

ATK

NIOA

EDITOR: Phil Pyke

ppjpyke@bigpond.net.au

Contributors: Phil Pyke, Australian Defence Force; Australian Federal Police and The United Nations Department of Peacekeeping Operations; Department of Defence

President: Allan Thomas JP

president@peacekeepers.asn.au

Vice President: Michael Quinn

vicepresident@peacekeepers.asn.au

Treasurer: Rhonda Copeland

treasurer@peacekeepers.asn.au

Advertising: Sharon Pace

sharon.pace@bigpond.com

K & R Publishing: Kylie McQueen

02 9386 4213

Australian Peacekeepers Magazine is published quarterly by K R Publishing (ABN 70 953 274 004) for and on behalf of the Australian Peacekeeper & Peacemaker Veterans' Association (ABN 59 558 194 094) © 2011. All rights reserved.

www.peacekeepers.asn.au

Australian Peacekeepers Magazine attempts to provide insight into the experiences of peacekeepers, Defence members and war veterans and the issues that confront them together with encouraging informed debate regarding issues dealing with but not limited to Commonwealth compensation, pensions, superannuation and occupational health and safety that affect peacekeepers and their families. We welcome input from members and would love to feature personal experiences in each issue. Please email the editor with any stories you would like to see printed. The views expressed in the articles are those of the particular author and not those of the Australian Peacekeeper & Peacemaker Veterans' Association (APPVA). The APPVA will not be legally responsible in contract, tort or otherwise for any statement made in the articles in this publication.

35 CT-U Five Farewelled



contents

COVER STORY

4 First Battle Honour since Vietnam

FEATURES

16 Peacekeeper's Sacrifice brings greatest gift

20 From the Desk of AWM Director

ADF

10 Unique recovery centre opens

33 In and Out Fitness

48 Op Solace Reunion

NAVY

27 Record heroin haul for coalition

47 Eye on the Gulf

AFGHANISTAN

23 Saving lives in Uruzgan

35 CT-U Five Farewelled

ARMY

28 Honour distinction for Peacekeeping Operation

AIRFORCE

33 Preparing for Final Rotation

NEWS

37 ANZAC Day in Antibes 2013

43 Minister for Veterans Affairs writes for Peacekeeper

44 Senator Michael Ronaldson

DEPARTMENT FEATURES

2 From the Presidents Desk

7 From the Editors Desk

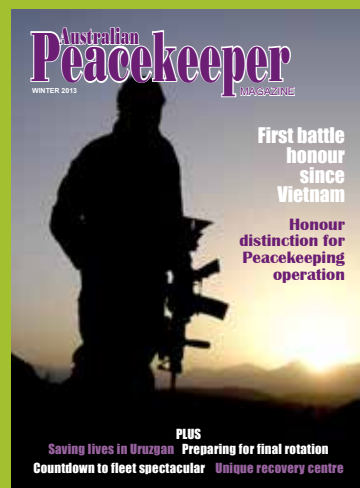
54 Application

55 Merchandise



Front Cover:

An Australian Special Operations Task Group soldier observing the valley during the Shah Wali Kot Offensive.



From the President's Desk

ANZAC Day 2013 saw larger numbers of post 1975 and current serving members marching together on marches across Australia. In prior years younger veterans haven't been aware of the APPVA, its locations within states and who the Association represents.

The APPVA has had much media coverage of late - in particular the announcement by Dr Brendan Nelson, Director of the Australian War Memorial, to have the names of 48 fallen peacekeepers commemorated on the Roll of Honour at the Australian War Memorial in Canberra. This was a pleasing outcome for the families and a ceremony will be held later this year to dedicate the new plates.

This Federal Budget has seen \$12.5 billion allocated to Veterans' Affairs – an acceptable budget overall with minimal reduction given the tight fiscal environment. The budget covers \$6.8 billion for Pensions and Income Support; \$5.6 billion towards Health Services; \$0.1 billion towards Commemorations (which includes the Centenary of Anzacs). \$66.7m in funding will be allocated for veterans and families to receive Quality Care and \$26.4m will be provided for Mental Health.

A further \$40.2m will be provided for Centenary Commemorations, although the Australian Peacekeeping Memorial Project still wasn't allocated any further funding. However, over the next four years of the Forward Estimates period, \$49.2 billion will be allocated to preserve veteran's entitlements.

A spokesman of the Alliance of Defence Service Organisation (ADSO) condemned the Government's budget for again disregarding its "employer" obligations towards serving and former ADF members and their families, many of whom have been discriminated against for more than 20 years.

"Yet it declared support for veterans as a key priority – words without substance! Military widows and former

ADF members on invalidity superannuation payments are among those who feel betrayed by continued denial of the correct entitlements."

In the 2013-14 Budget the government once again failed to address the decades of abuse caused by discounted adjustments of military superannuation and the exclusion of Veteran Pension from 2009 budget pension increases. ADSO has called for government action to provide the correct non-discretionary indexation of all Military Superannuation Payments; and to abolish Military Superannuation Benefit Scheme Maximum Benefit Limits (MBL) as recommended in the 2007 Review into Military Superannuation; and adjust the Veterans Disability Pension rates in line with the adjustment of Age and Service Pension single rate in the 2009/10 budget.

The Government has an obligation to fulfil its responsibility as the "employer" of the nations' service personnel. If any other employer failed to keep its part of a workplace agreement there would be recourse to Fair Work Australia for redress. ADF members have no such right! Consequently, there is an added responsibility on the government of the day to act honourably especially as there is no independent umpire bit it is failing its Defence members, their families and veterans.

This is a failure now acknowledged by the Opposition with the promise to partially address in its first budget if elected. No such commitment has been forthcoming from the Government.

The APPVA continues to support ADSO in preventing any further erosion of service entitlements and calls upon the Government to make a commitment in the lead up to the 2013 Federal election.

Allan Thomas
National President



Your child's success is our priority –
together we can build upon 'Their Future'.

Celebrating 15 years of Community

Their Future.
www.tsac.qld.edu.au
Kindergarten to Year 12



take centre stage with **ALDI**

Now recruiting Area Managers

If you're ready to take command of your own troops, then you're just what we need. We're currently recruiting new Area Managers and we're looking for smart thinkers and inspiring leaders. People with more than **3 years' business experience** who are ready to embark on a dynamic new career.

If you welcome the limelight and are ready to embrace responsibility, you'll be well rewarded with an excellent salary of **\$92,000 - \$140,100 (incl. super)** over 4 years, a company car and 5 weeks' annual leave. If you're ready to hang up the camouflage and play a leading role with ALDI, start at the website below.



aldismartercareers.com.au

Relocation stress solved through Quest Serviced Apartments

Coordinating travel arrangements for employees can be stressful enough – however, relocating personnel presents additional and unique challenges for any organisation.

Established 25 years ago, Quest is the largest and fastest growing serviced apartment operator in Australasia. Catering for the extended-stay business traveller, Quest has more than 150 properties located across Australia, New Zealand and Fiji.

The company understands that when relocating, staff need a flexible, comfortable, and easy-to-maintain space to stay before they move into their permanent home.

The company has established a dedicated team who understand the complexities involved, and can assist companies and organisations coordinate individual or large-scale staff relocations.

The combination of geographic reach and stylish, spacious apartment design means organisations can depend on a uniform, high standard of accommodation for transient staff.




Quest's National Account Manager, Fiona Hossack, says Quest understands the difficulties families face when picking up and moving.

"The most important consideration in relocating staff is whether there is available temporary accommodation near the new workplace, and Quest conducts three years of extensive location analysis prior to commencing any property development ensuring we build where people are likely to need to be," she said.


In response to the needs of the Defence industry, Quest boasts apartments close to military bases in Townsville, Ipswich, Wagga Wagga, Canberra and Newcastle, with properties scheduled to open in Wodonga and Rockingham later this year.

"Our apartments are spacious and family friendly, - each complete with separate living, dining and sleeping areas. They have separate workstations, fully equipped kitchens and laundry facilities, allowing guests to cook their own meals and do their own laundry," Ms Hossack said.



COLLEGE FOR LAW, EDUCATION AND TRAINING

*Turn your Military
experience into a
qualification today!*



Recognition of Prior Learning (RPL) is a process where CLET assesses workplace knowledge, skills and experience against Nationally Recognised Qualifications.

What counts towards RPL?

- Employment
- Formal education
- Volunteer work
- Life experience

Follow these easy steps:

FIND

Go to clet.edu.au/military-rpl and find your employment area and highest rank/position/s achieved.

SELECT

Look at the qualifications and select which match your workplace knowledge, skills and experience.

COMPLETE

Complete the obligation-free online RPL Assessment Form.

SEND

SEND through your evidence in support via UPLOAD, email, fax or post.

ASSESSMENT

Assessment is conducted by RPL Team

Assessment Outcome is forwarded by email within 14 days of receiving evidence.

PROCEED

Team members include former and current Military personnel.

Use the link provided in the assessment outcome email to select the qualifications you wish to be awarded.

RECEIVE YOUR
QUALIFICATION(S)
AND
TRANSCRIPT(S)

clet.edu.au/military-rpl | 1300 760 605

QUALIFICATIONS AVAILABLE VIA RPL

Justice | Government | Security & Risk Management | Work, Health & Safety | Management | Business | Training & Assessment | Legal Services | Investigative Services | Driver Training | Community Services | Corrections | Financial Services | Public Safety



Feel at home in over 150 locations

At Quest, we've built a nationwide network of serviced apartments to provide Australian Defence Force members and their families with spacious and comfortable accommodation, that's located wherever they need to be.

After 24 years in the business, we've learnt a thing or two - like the value of a warm welcome and dedicated support throughout your stay. That's why at Quest, you and your family can expect superior accommodation with all the creature comforts of home.

Visit questapartments.com.au
or call **1800 334 033**

Your perfect travel companion



**THE VALUE OF
A WINGSPAN
THAT COVERS
THE ENTIRE
ASIA-PACIFIC
REGION.**

With a 39.9m wingspan and 1,360.78kg payload, Triton unmanned aircraft systems can reach anywhere in the world within hours, offering cost-effective intelligence, surveillance, and reconnaissance—whether it's covering vast areas of the Asia-Pacific region day or night for 24 hours at a time, or supporting Australia's disaster relief efforts.

That's why we're the leader in

Unmanned Systems.

THE VALUE OF PERFORMANCE.

NORTHROP GRUMMAN

www.northropgrumman.com/triton

From the Editor's Desk

As someone with a background as a media and political advisor, I have always considered myself to be reasonably politically astute.

So I was in somewhat disbelief when, as the editor of The Australian Peacekeeper magazine, I was recently accused of being too pro-Green and in another email too pro-Government.

Politics, despite the public portrayal, isn't always adversarial. Much legislation is passed through negotiation and the "argy-bargy" on the floors of the Federal Parliament which makes television usually relates to key Party policy decisions. Therefore being apolitical is how results get achieved and this is how many ex-service groups operate.

It is an election year and it is important each Party with a Veterans' Affairs portfolio has the opportunity to present their views in this magazine. How this information is assessed is up to the individual reader and not as the result of any position held by the APPVA, the editor or the magazine.

I was pleased to see articles in the previous edition of The Australian Peacekeeper were outdated before

many of you received it. This is because the decision to add the 48 peacekeepers to the Roll of Honour came as the magazine went to print – the result of much hard work from the APPVA, the families of the peacekeepers, AWM Director, Dr Brendan Nelson, and the 42,000 Australians who signed the petition. Unfortunately some readers didn't see the "old news" being a significant success for the families of these peacekeepers, yet were critical of the APPVA for not fighting strongly enough on key issues. Apparently to some, this wasn't a key issue.

2013 onwards represents many anniversaries for various UN contingents. We'd love to run the stories and images of the operations and any anniversary events so please drop us a line here at The Australian Peacekeeper.

Oh – by the way, I am a conservative.

Phil Pyke
Editor
The Australian Peacekeeper



Our mission is to ensure that each and every venture reaches a timeless pinnacle of property development

www.royadie.com.au

Royadie Developments is a family owned building company which prides itself on building quality housing. Typically we utilize the services of a real estate agent to sell our properties, although word of mouth has accounted for a very large proportion of our sales. We also have strong ties to the ex service persons community as two of our key employees are ex Army each with 20 or more years service. We build houses over a spectrum of price ranges, but we typically specialize in houses that represent value to the purchaser by means of inclusions such as quality fittings, grid connect solar electricity, solar hot water, double glazing, water tanks, full insulation and quality building materials and appliances. Integrity has always been one of the key principles in our work. With building experience from 1981, purchasers can feel comfortable they are in safe hands with a reputable, financially sound builder.



We offer the following special pricing to Veterans:

1. The facility to deal directly with us, therefore an immediate reduction in the sale price, and
2. A reduction of \$3000 immediately off the sale price.

On one our properties advertised at \$485,000 on the open market Veterans would pay: \$473027.50 (not including stamp duty, settlement adjustments etc) a saving of \$11972.50

Suite 2, 8 Clay Drive, Doncaster VIC 3108
T + 61 3 9848 6777 F + 61 3 9848 6733

E info@royadie.com.au
www.royadie.com.au



Above: Afghan Officers from the Provincial Police Response Company and Australian Special Operations Task Group Soldiers lift off in a UH-60 Blackhawk helicopter as part of the Shah Wali Kot Offensive.

Below: An Australian Special Operations Task Group soldier observing a 500lb bomb strike an insurgent position during the Shah Wali Kot Offensive.



First Battle Honour Since Vietnam

In a first for the Australian Army since Vietnam, The Special Operations Task Group have been awarded a Battle Honour for the Shah Wali Kot offensive of May – June 2010.

In early May, the Battle Honour was awarded to the 2nd Special Air Service Squadron with 2nd Commando Regiment being awarded the same Honour on 19 June.

Following is Chief of Army's address to the media and the Citation for the Honour.

Introductory comments by the Chief of Army Lieutenant General David Morrison, AO at the Battle Honour Eastern Shah Wali Kot Media Round Table, Canberra, 9 May 2013.

We are here today to recognise the outstanding performance of members of the Australian Army's Special Operations Task Group in Afghanistan. It is my great privilege to announce that two of these units, the Special Air Service Regiment and the 2nd Commando Regiment, have been awarded a Battle Honour for their outstanding performance in the Shah Wali Kot Offensive of May to June 2010.

Tomorrow, I will have the privilege of presenting the 2nd Special Air Service Squadron with the Battle Honour Eastern Shah Wali Kot and, subsequently, on 19 June the same honour to the 2nd Commando Regiment. Let me now tell you about the significance of the award itself. A Battle Honour is the public recognition and commemoration of an outstanding achievement on the battlefield by a unit or formation of the Australian Army.

This is the first Army Battle Honour to be awarded since the end of the Vietnam War. Customarily, the honour links the unit's performance to a specific geographical location, hence the name Eastern Shah Wali Kot. It is important to emphasise that while this award recognises the exemplary courage and professionalism of a particular group of soldiers in the most extreme circumstances, it also pays an enduring tribute to the entire Australian Defence Force (ADF) commitment to this long and complex conflict. Australian soldiers, sailors and air force members who have served in Afghanistan have upheld the reputation of the ADF. More importantly, they have given some of the best years of their young lives to improving the lot of some of the poorest, most disadvantaged people on earth. The reason it has taken a number of decades since the last Battle Honour is because the nature of warfare has changed. I asked Army's Battle Honours Committee to review the process for awarding honours. The guidelines now accommodate the current war-fighting environment. The Battle Honours Committee has begun analysing all deployments of Australian units or

sub-units that have occurred since the end of the Vietnam War. Through this process, the Shah Wali Kot Offensive was identified for consideration. It is entirely appropriate that this is the first Army Battle Honour since the Vietnam and I was pleased to provide my endorsement. Congratulations to all of the members involved in the Shah Wali Kot Offensive, including the supporting elements, our talented engineers, signallers and headquarters staff. It was a job well done and the outcome was decisive. Apart from the large number of insurgent casualties inflicted, a significant quantity of insurgent weaponry was captured. Also, a major insurgent supply line from Pakistan into Kandahar was and remains disrupted and the insurgency in the region was rendered ineffective for the 2010 fighting season.

These outcomes allowed ISAF to progress security and stability operations in and around Kandahar City. This wider security operation was the main effort in Regional Command South during the 2010 fighting season and Australia's Special Forces' contribution was highly regarded. The SOTG success in Shah Wali Kot, when added to the successful April 2010 Offensive in Gizab, significantly degraded insurgent threats to the South and North-East of Uruzgan. This reduction in insurgent threats allowed the Mentoring Task Force to focus on effectively partnering with the ANA's 4th Brigade personnel in the Mirabad and Chora Valley regions.

Citation – Shah Wali Kot Special Operations Task Group – Rotation XII

The Australian Special Operations Task Group Rotation XII, which included combat elements from the 2nd Special Air Service Squadron of the Special Air Service Regiment, Alpha Company Commando Group from the 2nd Commando Regiment, and supported by the Incident Response Regiment and the United States 101st Airborne Division, Task Force No Mercy, is awarded the Battle Honour Eastern Shah Wali Kot in due recognition of extraordinary heroism, exemplary combat performance and the relentless destruction of a highly trained and fanatical Taliban enemy of numerical superiority within the



The Chief of the Army Lieutenant General David Morrison, AO presents the Battle Honour Eastern Shah Wali Kot to the Commanding Officer Special Air Service Regiment, Lieutenant Colonel 'G'.

extremely inhospitable region of Eastern Shah Wali Kot, Afghanistan, during the period May to June 2010.

Tasked with a mission of vital operational importance within Regional Command – South, and of strategic significance for the International Security Assistance Force, from May 2010 the Task Group conducted a series of daring daylight helicopter-borne raids, deep into enemy territory, to destabilise local insurgent networks and to identify key Taliban leaders.

Often resulting in fierce engagements with the enemy, these deadly shaping raids created fractures throughout the command and control architecture of the Taliban. During the early hours of 10 June 2010, immediately realising a tactical opportunity, Alpha Company Commando Group audaciously established an attack by fire position inside the insurgents' strong hold of Chenartu. Shortly after first light, the enemy surrounded the commandos and employed sophisticated tactics in an attempt to overrun the commando positions throughout the day.

Holding their exposed positions doggedly under heavy and sustained attack, the commandos, determined to regain the initiative, launched several aggressive counter attacks against the assaulting enemy. Surprised by the ferocity of the commando response, combined with having lost significant numbers of fighters, the enemy withdrew to the village of Tizak to conduct deliberate planning for the destruction of the isolated commando company. Receiving

intelligence that a high level Taliban commander had now been drawn to the village of Tizak, a troop from the 2nd Special Air Service Squadron deployed by helicopter to conduct a kill or capture mission on the morning of 11 June 2010. Upon landing in Tizak, the troop was immediately engaged by a maelstrom of small arms fire and a stream of rocket-propelled grenades from insurgents in the village and the surrounding high ground, resulting in two friendlies being wounded in action and four helicopters sustaining battle damage.

Despite being outnumbered four to one and suppressed under a hail of machine gun fire, the troop inched forward until they were again checked and fixed by the interlocking fire of three machine guns. Drawing on the deepest reserves of collective courage, combined with notable acts of individual valour and gallantry, the initiative was regained, allowing a subsequent break-in of the enemy's defensive position. Exploiting a tenuous tactical foothold, the troop unflinchingly cleared the remaining depth positions in close-quarter combat throughout the remainder of the day while being relentlessly supported by U.S. AH-64 Apache helicopters from Task Force No Mercy.

At the conclusion of the battle, late on the evening of 14 June 2010, a significant number of high-level Taliban commanders, a significant and disproportionate number of enemy fighters were killed, and the remaining enemy were routed and fled from the region. The extraordinary



A CH-47 Chinook helicopter prepares for lift off with Afghan Officers from the Provincial Police Response Company and Australian Special Operations Task Group Soldiers as part of the Shah Wali Kot Offensive.



SARGENT

LEADERS IN RENTAL
AND MAINTENANCE



MINE SPEC READY

Ready for any location.

Fast facts about Sargent

- Specialists in the Australian Infrastructure and Resources sector.
- A modern rental fleet of close to 3,800 4WDs, 2WDs, trucks, buses and specialised vehicles.
- Over 150 qualified mechanical staff that keep our fleet moving on your site, through our mobile servicing or at our branch network.
- With a network of 17 locations strategically placed across Australia, our coverage is amongst the widest in the industry.
- We can maintain your current fleet; on location or through our network.

**For more information call your local
Sargent representative on 1800 077 353.**

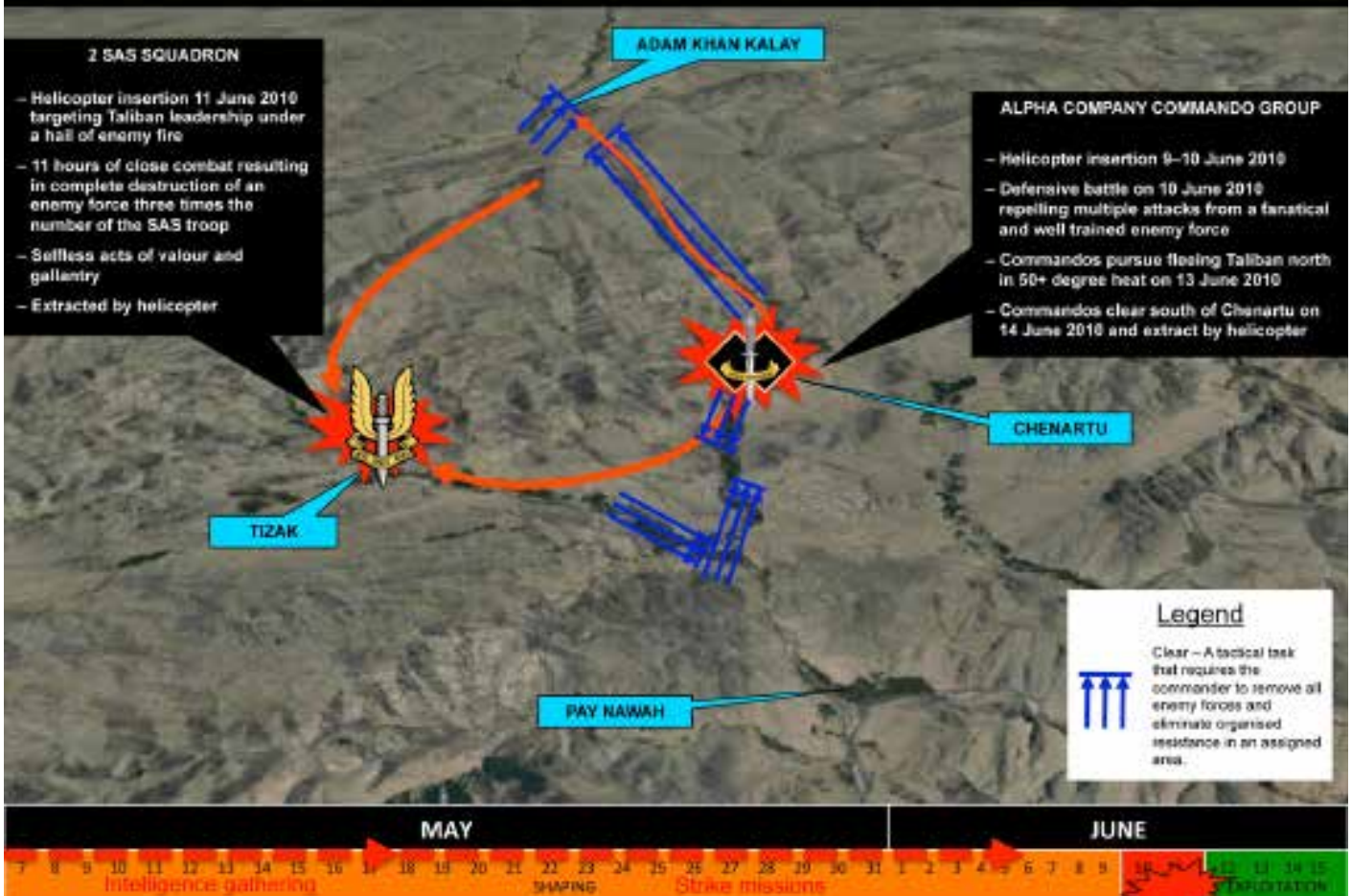
www.sargent.com.au

heroism and exemplary combat performance displayed during the Shah Wali Kot Offensive resulted in a major enemy supply line from Pakistan into Kandahar being destroyed and the Taliban in eastern Shah Wali Kot being rendered ineffective. The battlefield orchestration, courage, gallantry and determination displayed by the

combat elements of the Special Operations Task Group Rotation XII, under extremely adverse and hazardous conditions has set them apart, and by their achievements they have brought distinguished credit on themselves and the Australian Defence Force.



Shah Wali Kot Offensive – 10–11 June 2010



aps
tax · accounting &
business services

aps
wills · estates

aps
GROUP
benefits

aps
savings
& loans

aps
financial planning

Tax & Accounting



Setting up a business or managing
your superannuation fund
Individual, company & trust
income tax returns
Business Activity Statements (BAS)

www.apstax.com.au

General Insurance Broking

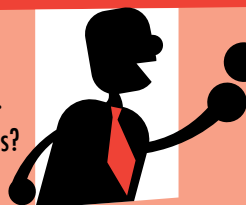


Home & Contents, Motor Vehicle,
Boat or Caravan
Landlord, Public Liability,
Professional Indemnity & Business Packs

www.apsbs.com.au

Personal Loans

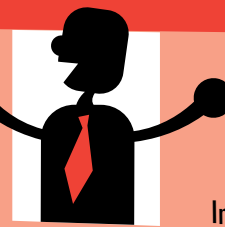
Need an unsecured personal loan?
Don't pay credit card interest rates again.
Need cash for a car, holiday or school fees?
Apply online and have approval
within 24 hours.



www.apsbs.com.au

Fixed Term Investments

6, 12 or 24 month fixed term investment
Compound your interest
Provide a regular income stream
Interest Rate Card available upon application



www.apssavings.com.au

Funeral Cover



Instant cover up to \$15,000
Guaranteed acceptance
Only \$2.60 per week
Children's funeral cover only
\$39 per year for \$7,000 of cover

www.apsbs.com.au

aps
benefits

Mortgage Broking

We find the best lender to suit your needs
Let APS do all the paperwork
Benefit from over 40 years' experience
Re-finance options available



www.apsbs.com.au

Wills & Estates



Wills & Powers of Attorney
Estate Planning & Estate Administration
Do you have a will?
Have you reviewed your will recently?

www.apswills.com.au



www.apsinplan.com.au

Financial Planning

Superannuation & Investments
Pre & Post Retirement Planning
Life Insurance, Income Protection
Disability & Trauma Insurance

1300 131 809

Level 1, 16-20 Howard Street, North Melbourne, Victoria 3051

Futuro

Membership of APS Benefits automatically entitles you to a funeral benefit issued by APS Benefits. You should consider the Combined Product Disclosure Statement & Financial Services Guide (available from APS Benefits or our web site on www.apsbs.com.au) before making a decision to become a member of APS Benefits or buy any products offered by APS Benefits. Financial services provided by Australian Public Service Benevolent Society Ltd are provided under its AFSL No. 244115. APS Financial Planning Pty Ltd is a Corporate Authorised Representative No. 305923 of Futuro Financial Services Pty Ltd ('Futuro'). Financial services provided by APS Financial Planning Pty Ltd are provided under Futuro's AFSL No. 238478. APS Savings Disclaimer: This is not a bank product, it is an unlisted APS Note. No independent assessment has been made about the risk to investors losing any of their principal investment. Applications for APS Notes can only be made on the Investment Application Form which accompanies the prospectus issued by APS Savings Ltd. Please read the prospectus carefully before deciding whether to make an investment. APS Wills & Estates: Liability limited by a scheme approved under Professional Standards Legislation.

Australian Public Service Benevolent Society Ltd

Notice the difference a NOT-FOR-PROFIT financial service provider can make to the public sector, their families and friends.

The Australian Public Service Benevolent Society (APS Benefits) is a not for profit organisation that provides a wide range of financial services to all government department employees and contractors, their families and friends. Having been in existence for over 100 years, the APS Benefits family has earned the trust of over 27,000 members and clients now offering the following financial and personal services listed below:

APS Tax & Accounting

Richard Ferraro at APS Tax, Accounting and Business Services is an experienced CPA taxation accountant. Whether it is setting up a business, managing your superannuation fund or just obtaining quality service, Richard can help you.

APS Financial Planning

Timothy Foster provides access to advice and information on the important financial decisions we all face, whether it be superannuation, investments, pre and post retirement planning, life insurance, gearing, disability and trauma insurance, managed funds or savings plans.

APS Mortgage Broking

Sam Athans treats every mortgage as if it were his own. He has access to 20 mortgage lenders and has over 40 years experience in banking. Let us do the leg work for you.

APS Insurance (General Insurance Broking)

Danielle Rowe heads up our insurance broking team and is a salaried employee of APS Benefits. With over 15 years experience in the industry, Danielle has access to products that include home and contents, motor vehicle, boat/caravan, landlord, public liability, income protection, life, disability & trauma insurance. The next time you receive your insurance renewal notice or want insurance for the first time, call Danielle on 1300 131 809.

APS Personal Loans

The APS Benefits personal loans team can assist members to obtain an unsecured loan, or they can apply online at www.apsbs.com.au. Either way, loans can be approved within 24 hours.

APS Funeral Cover. Adult & Child Cover Available.

APS Benefits Membership Coordinator Jesse Clarke can assist members to gain immediate funeral cover up to \$15,000 for adults and \$7,000 for dependent children (aged 2 to 15 next birthday). Do you have cover in the greatest time of need? Call us on 1300 131 809.

APS Savings

APS Savings Ltd is a wholly owned subsidiary of APS Benefits and offers a Fixed Term Investment product. Ask Sam Athans about the interest rate on offer and you will be pleasantly surprised. The term can be 6 months, 12 months or 24 months. Call us on 1300 131 809.

APS Wills & Estates

Phil Lambourne from APS Wills & Estates has over 25 years experience as a lawyer. Phil can help you with wills, powers of attorney, probate and estate administration. Is your will up-to-date? Have you reviewed your will recently? It affects more than just you!

Further to this, APS is owned by its members, so any profits are channelled back to members. Help spread the word by introducing new members and APS will send you, your nominated charity or your staff social club \$50 for each new member you nominate. **For more information call us on 1300 131 809 or visit www.apsbs.com.au.**

PROUDLY NOT FOR PROFIT

Australian Public Service Benevolent Society Ltd

Level 1, 16-20 Howard Street (PO Box 326) North Melbourne VIC 3051

Toll Free 1300 131 809 Phone (03) 9322 2000 Fax (03) 8327 8200 info@apsbs.com.au www.apsbs.com.au

ABN 64 077 846 809 AFSL No. 244115

Peacekeeper's Sacrifice brings Greatest Gift

Often the voice of the veteran is heard, but rarely the voice of the grieving family. In this edition of The Australian Peacekeeper, mother of fallen peacekeeper, Mrs Avril Clark, writes about the memorial she has built in the Solomon Islands in memory of her son.

This memorial will benefit generations of Solomon Island children in the Mount Austin area with a valuable gift of education. The Gifu Primary School now has a kindergarten funded by many donations arranged through Avril. This institution is named after Private Jamie Clark of the 3rd Battalion, Royal Australian Regiment and is testament to the love of a grieving mother and a grateful community.

This is Avril's story:

The Kindergarten was built in memory of Pte Jamie Michael Clark, 5803722, who, at age of 21, died in an accident while on patrol near Mt Austin in the Solomon Islands. The people from the village named the kindergarten after Jamie. We assumed it would be named Gifu Kindy to fit in with the local school.

Jamie was a recon soldier and only been in the Army for 4 years, serving with 3RAR - a role he was very proud of. He also did a 6-month deployment to East Timor in 2003 and there he experienced what was required of a peace-keeper, He loved every moment of the role as an Australian soldier in East Timor.

Following the loss of my son Jamie in March 2005, I went to the Solomon Islands with members from Jamie's 3RAR unit. I had the amazing opportunity to meet people from the village near where Jamie had his accident and actually met a few members of the village who were with the soldiers and Federal Police on patrol that awful day on the 10th March. I was so touched by the people that it encouraged me to want to visit them again but it also gave me a sense of being near to my beloved son.

Since November 2005 I have visited the Solomon Islands 13 times and during a visit in September 2007 I was approached by the village council to assist them in building a Kindergarten for the children aged between 3-6. There was no such education facility for this age group and the SI government wouldn't fund one.

With support from my friends, family, Ballajura Community (community my sons grew up in), Courtney Reid and her family at Bazzo Real Estate, staff at my school Mirrabooka SHS ESC, Ballajura RSL Sub-branch and a kick start donation from 3RAR members, we held a Quiz night in March 2008 and raised \$18,000 to assist with the building of the kindy. The process took nearly 3 years but we did it and on 9th March 2011 the kindy officially opened its doors.

Since then I have continued to visit the SI approximately twice a year and take supplies to the Kindy, the Gifu school located near the kindy and to the people of the village along

with donations to the Family Support Centre (centre for domestic violence). I am kept very busy gathering supplies donated by many friends and colleagues.

For the past 2 years, members from Palmer Barracks in Perth (Army, but mainly Navy personnel) have assisted me by sending over large quantities of goods approximately one month before I visit. I collect it on arrival and distribute the care packages where they are needed.

Unfortunately as the Army are leaving the SI in the near future, I will no longer have that opportunity to send over large quantities of items.

I am very grateful to everyone who has helped along the way to keep this Kindergarten supplied with educational supplies and therefore give from 30-65 children an opportunity to learn.

Thankfully the SI Education department realised what we had done and have provided the staff - although a fair few meetings were attended to achieve this.

I am so very proud of my beloved Jamie and will miss and loved him for all eternity.

Editor's Note: I had the privilege to attend the opening of the kindergarten in March 2011. The event was a great celebration for the local community. As a peacekeeper, I saw the building as the most unique memorial to the memory of fallen peacekeeper. Lest We Forget.



Opposite top: Avril with students in the school and during the opening of the Private Jamie Clark kindergarten

Opposite below: Key Australian employers present Avril Clark with donations towards the ongoing running costs of the kindergarten.



EXCITING YEAR AHEAD FOR CATHOLIC SCHOOLS

Students from a range of Catholic schools across Brisbane Archdiocese attend a social justice leadership gathering

WITH 2013 set to be a busy and exciting year for Brisbane Catholic Education (BCE)'s community of schools, parents are being urged to think about enrolling for 2014.

Almost 70,000 students and 10,000 staff began the school year with a big welcome to two new schools: Good Shepherd Catholic Primary School at Springfield Lakes and St Benedict's College at Mango Hill.

Good Shepherd, which serves the rapidly growing areas of Springfield Lakes, New Beith and Greenbank, opened with 68 students and will eventually cater for more than 600 students from Prep to Year 6.

Principal, Judith Seery said the start of a new school year was always exciting, but even more so when it's the first day of a new school.

"Everyone was so pleased to be here, and to take the first steps on their journey of discovery at Good Shepherd School.

"I'm thrilled at the wonderful new facilities we have, which have been designed to give our students the best possible contemporary learning experiences," she said.

Good Shepherd joins Immaculate Heart School, Leichhardt, Sacred Heart School, Booval, St Francis Xavier's School, Goodna, St Mary's Primary School and St Mary's College' Ipswich, St Joseph's School, North Ipswich, St Peter Claver College, Riverview, St Augustine College, Augustine Heights, serving the wider Ipswich area and plans are in place for a future primary school on land purchased at Red Bank Plains.

Catholic schools now educate almost one in five Queensland children and, working closely with local Catholic parishes, are an important face of the Church to

young families seeking support in their challenging work of parenting and educating their children.

As welcoming communities, those of different cultural backgrounds and faith traditions are made to feel at home and every student is given the opportunity to experience success by reaching their full potential in all aspects of school life.

Our staff recognise education is about establishing strong foundations for success in life-long learning and empowering students to make transitions throughout their schooling and into the world of work.

During the Early Years of schooling Catholic school students have access to continuity in their learning, which is enhanced through the establishment and maintenance of effective, collaborative partnerships within the learning community and learning experiences that are relevant and meaningful and activity based.

Students are seen as active participants in the learning process and their spiritual, physical, emotional, and social development is of equal importance with teachers aware of the wide variation within any one group of students in their development.

Pastoral care is also a distinguishing feature in Catholic schools with students gaining a sense of identity, purpose, success and wellbeing within the context of a Catholic community.

Healthy eating and physical activities also play an important role of the mix in Catholic Schools with the school curriculum seeking to improve students' understanding of good nutrition and helping them develop the skills to make positive health decisions.

For more information about a Catholic school near you or an enrolment pack visit www.brisbanecatholicschools.com.au or call (07) 3033 7000.



CATHOLIC EDUCATION ARCHDIOCESE OF BRISBANE

Teaching

Faith-based lifelong learning in a Christian community that engages the whole person.

Challenging

Pursuing academic excellence to encourage students to realise their potential.

Transforming

Nurturing the gifts of each individual in partnership with parents.



Teaching Challenging Transforming



For full details about a school close to you go to:
brisbanecatholicschools.com.au





Brendan Nelson and Menin Gate lions

From the Desk of AWM Director

No group of Australians has worked harder, nor given more to build our nation's values, beliefs, and the way we relate to one another and see our place in the world than those who wear – or have worn – the uniform of the Royal Australian Navy, the Australian Army and the Royal Australian Air Force.

While serving as Australia's ambassador to NATO and the European Union in Brussels, I was asked on a daily basis what I might do on my return to Australia. Although until a year ago I did not know the answer, I did know I wanted to do something meaningful, both to me and my country. When Major General Steve Gower (Ret'd) ended his towering contribution to the Australian War Memorial, I knew immediately that this was such a role.

While the political capital is represented by our parliament and the legal capital by the High Court, in my view the nation's soul is represented by – and contained within – the Australian War Memorial. Representing as it does, the sacrifices of almost two million men and women who have worn the uniform of our services over a century, it reminds us that there are some truths by which we live that are worth fighting to defend.

Charles Bean, who conceived the Memorial while on the Somme in the depths of the First World War, said, "Many a man lying out there at Pozzières or in the low scrub at Gallipoli, with his poor tired senses barely working through the fever of his brain, has thought in his last moments: 'Well – well – it's over; but in Australia they will be proud of this'."

And we are. Pride is but the beginning. The sacrifices, and the values that underwrite them, are us and we are them.

Bean's vision for the Memorial was – and remains – "Here is their spirit, in the heart of the land they loved; and here

we guard the record which they themselves made."

We now face new and distant horizons in a world that could not possibly have been envisioned by Bean and John Treloar. Our challenge is to see we protect and remain true to the fundamental core of belief and remembrance that founded the Memorial whilst seeing it adapt to a changing world.

One of the many challenges has been to recognise the changing nature of war and conflict. Prior to 1947 and the emergence of the United Nations from the rubble of the Second World War, Australian defence personnel were only deployed during war. Since then, Australians have been deployed into more than 65 peacekeeping and humanitarian operations. Whatever the future holds, we will participate in many more. In doing so, Australian defence lives will be placed at risk and some, tragically, will be lost.

Recognising this, the Council of the Australian War Memorial changed its policy for the recognition of such deaths at its March meeting. If the Australian Government now sends defence personnel on an operation which is named as such by the Chief of the Defence Force, death during or as a direct consequence of that operation will result in the name being added to the bronze panels on the Roll of Honour.

The immediate effect will be for the names of the 48 listed in the Remembrance Book, including seven defence force peacekeepers to be so placed on the Roll of Honour.

In addition to this, the Cloisters will be re-arranged. The panel for Korea, Vietnam, Malaya and Indonesia will be relocated to the eastern wall, adjacent to the Second World War roll. The Afghanistan roll will be similarly relocated from the pillar to the eastern wall immediately adjacent to the post-1945 panel. This will bring reflective consistency to the wall. Furthermore, two new bronze panels will be struck for those who died on operations since 1945. This

will begin with the four brave sailors killed while serving in HMAS *Warrnambool* clearing Second World War sea mines in 1947 through to Mark Bingley and Josh Porter, who lost their lives in 2006 off the coast of Fiji.

Naturally, there will be a ceremony to mark this generational change in policy and listing of the names later in the year to which family members will be invited. In the case of Captain Peter McCarthy, killed as a peacekeeper in Lebanon in 1988, his daughter will finally be able to fulfil her childhood dream and place a poppy next to his name in bronze.

For those veterans of earlier conflicts who feel uncomfortable with the new policy, it is important for all of us to remember two things.

The first is that Charles Bean saw all men and women as equal in death – no rank, no military honours and all were placed on the Roll irrespective of the circumstances of death.

The second is that in placing the names of those killed in our uniform on operations determined by their government on the Roll, we do not diminish the deaths of earlier generations of Australians in war – we enhance them.

In this century, the Memorial will remain a vibrant, living institution honouring our past and informing our nation's future.

Young Australians tempted to adopt values for the world they think they are going to get should instead reflect upon and absorb the 15 values inscribed by Napier Waller on the stained-glass windows in the Hall of Memory. From comradeship to devotion and loyalty, within that room above the Tomb of the Unknown Australian Soldier lies the key to a life of purpose and value.

Brendan Nelson

WWI and Afghanistan Focus at the Australian War Memorial

Major changes to the Memorial's First World War galleries began in early April with the \$32 million modernisation of galleries.

This modernisation will be a significant part of the Memorial's centenary of the First World War projects with the Sinai–Palestine and Western Front galleries temporarily closed to the public. A suite of newly redesigned galleries will be launched in this space early in 2015.

"The Centenary of the First World War is fast approaching and the Memorial is gearing up to deliver something very special," said Dr Brendan Nelson, Director of the Australian War Memorial.

"Our new First World War galleries will draw on a range of new interactive technologies that will take the Memorial far beyond the Centenary. The refurbishment will place the Memorial's galleries at the forefront of Australia's Centenary program."

The redevelopment of the First World War galleries is supported by the Australian Government, which has provided \$28.7 million towards the project. The first stage of the redevelopment began in November last year when conservators started work on conserving the dioramas.

"Favorite exhibits, such as the dioramas, will remain a prominent part of the new galleries, but the redevelopment also offers an exciting opportunity to display objects that have rarely been seen and in some cases never seen before," said Dr Nelson.

"For the first time, the dioramas will be placed in chronological order and explained in a manner suitable for a younger generation."

The Memorial's Sinai–Palestine and Western Front galleries are closed from April, but the Gallipoli gallery will remain open until June. Later this year a temporary First World War exhibition "ANZAC Voices" will open, so visitors to the Memorial can continue to learn about the Great War until the new galleries open in 2015.

"This is only the beginning of a busy period at the Memorial," said Dr Nelson. "Not only is the redevelopment of the First World War galleries now fully under way, we are also making rapid progress on a powerful new Afghanistan exhibition."

When Dr Nelson was last in Afghanistan, an Australian soldier remarked to him, "Sir, when I take my son to the Memorial, I can show him what his great-grandfather did. I can show him what his grandfather did. But I can't show him what I'm doing."

"The Australian War Memorial is the national site of commemoration and interpretation of the Australian experience of war," said Dr Nelson. "

We owe it to our current servicemen and women to tell their stories and place them amongst the great stories of those Australians who served in the past.

The new Afghanistan exhibition will encompass the entire Middle East Area of Operations and cover all three services. Not only will it portray the experiences of Australians at the sharp end, but it will also reflect the heroism of those men and women who help to bring stability to the country through training Afghan soldiers, countering the threat of improvised explosive devices, and building bridges, schools and other infrastructure.

"This exhibition will allow current-day veterans to feel confident that their stories are being told for today's generation, and that their extraordinary efforts on behalf of all Australians will never be forgotten," said Dr Nelson.

The new Afghanistan exhibition will open later this year on the Memorial's lower level, near the entrance to the Research Centre, currently the Online Gallery. From 5 May the services currently offered in the Online Gallery will be provided from a new location within the Memorial.

Later this year, significant changes will occur to the Memorial's website enhancing the usability and functionality for research.



Saving Lives in Uruzgan

A Coalition team of United States and Australian medical specialists are saving lives every day in Uruzgan province, Afghanistan.

Thirty nine personnel from the US Navy, US Air Force, Australian Army and Royal Australian Air Force are working together to provide medical care to military and civilian casualties, including Coalition and Afghan soldiers, policemen, local residents and insurgents wounded in battle.

In late February, the Tarin Kot Role 2 hospital staff performed life saving treatment on an Afghan National Army soldier who sustained extreme facial injuries from an insurgent-laid Improvised Explosive Device.

US Navy Commander Michael Lavor, Officer Commanding of the Role 2 facility, said the wounds were potentially fatal.

"It was classified as a Category Alpha (CAT A), which is the most severe type of injury. The patient arrived via helicopter; he was picked up by our ambulance and then rushed into our trauma bay. In this case there was a major laceration and fracture in the jaw, caused by a bullet lodged in the left lower area. The patient was intubated to protect the airway, the wounds were irrigated, inspected manually and the bullet was removed before the lacerations were sewn up," Commander Lavor said.

The patient was then taken from the operating room to the intensive care unit for stabilisation and subsequent aero medical evacuation to the Afghan government operated Kandahar Regional Medical Hospital (KRMH).

"The patient will receive further surgical treatment in Kandahar where Afghan physicians will wire his fractured jaw. The chance for recovery is very good for him," Commander Lavor said.

The mortality rate of casualties is highest from the time of injury through until medical evacuation, but if a casualty is brought to the Role 2 or the KRMH, their chance of survival is 98%.

"Once a patient comes through our door, it makes no difference if they are Afghan National Army, special forces, regular army, or even an insurgent; they will receive the same level of medical care and survival rate. It's been an honour to work with this team," Commander Lavor said.

The purpose of the Role 2 is to receive, stabilise and control major injuries before preparation and transportation to tertiary facilities. The team includes surgeons, medics, pathologists, nursing officers, physiotherapists and x-ray specialists.

US Navy Lieutenant Commander Michael Black said the team is incredibly skilled and experienced.

"Whenever a patient comes in, we have a systematic approach that we go through to try and locate any injuries that are going to be the most likely things to kill them quickly and then we intervene in those processes," Lieutenant Commander Black said.

"Once this particular patient came in, we checked for any

life threatening injuries, we examined his body from head to toe, cleaned up the wounds on his face and removed the foreign bodies due to the blast," he said.

Royal Australian Air Force Pathologist Flight Lieutenant Helen Webb said all areas of medical expertise assist in the survival of each patient.

"We are working very well together, when this particular patient came in we ran a trauma panel, we did blood typing in case he needed a transfusion, we did blood gases and basic coagulation pathology. We all do as much as we can for the patient," Flight Lieutenant Webb said.

Opposite top: US Navy Lieutenant Commander Betsy Hoyos De Albers monitors a wounded Afghan National Army soldier after he was loaded onto a medical evacuation helicopter at Multi National Base - Tarin Kot.

Opposite below: US Army Specialist Leroy Granado, a combat medic with 56th Infantry Brigade Combat Team, monitors the breathing of a wounded Afghan National Army soldier in the intensive care unit at Multi National Base - Tarin Kot.

Below: US Navy Lieutenant Commander Michael Black performs a surgical procedure on a wounded Afghan National Army soldier at the Role 2 hospital at Multi National Base - Tarin Kot.



Unique Recovery Centre Opens

A who's who of Defence launched Australia's first off-base Family Recovery Centre for wounded Navy, Army and Air Force personnel and the families of battle casualties in mid-March.

Former Defence Chief Rtd Gen. Peter Cosgrove and VC winner CPL Ben Roberts-Smith joined current and ex-servicemen in Brisbane to open the unique rehabilitation centre, catering to wounded ADF personnel who have served post-1990 and their loved ones.

"I thoroughly applaud this initiative to assist in the recovery of our military personnel, they have served their country and now Mates4Mates is helping to repay this debt," Gen. Cosgrove said.

Mates4Mates works closely with the White Cloud Foundation whose Patron CPL Roberts-Smith added: "During my time in the military I have seen some of the tragic outcomes of active service.

"This centre will play a vital role in helping wounded soldiers make a productive and fulfilling transition out of Defence service, back into the general community."

The Family Recovery Centre is operated by Mates4Mates, a non-profit initiative of RSL Queensland, and provides practical support to wounded, injured and ill serving and former servicemen and women.

It includes a gym, medical and psychological support services, drop-in centre and training programs for adventure challenges such as the RSL Soldiers Kokoda trek.

Mates4Mates Chairman Peter Davies said the facility was Australia's first off-base recovery centre.

"Mates 4 Mates has been supporting on-base Soldier Recovery Centres at Enoggera and Townsville for some time," Mr Davies said.

"Having the Family Recovery Centre in a civilian 'demilitarised' context makes it very accessible.

"We complement Defence services by supporting the families of ADF personnel who are also touched by traumatic experiences.

"Mates4Mates takes a contemporary approach to providing good old-fashioned mateship to a new generation and meeting the modern challenges facing servicemen and women wounded in more recent conflicts and missions."

The project has won the heart of Australian actor Hugh Jackman who has urged all Australians to "back a mate" and donate to Mates4Mates.

"Mates4Mates is doing great things in helping people



get their lives back together and also to support those families who have lost loved ones – it's an incredible initiative," Jackman said.

The Brisbane centre is a model for Mates4Mates centres planned around the country, focussing on the needs of a younger generation of servicemen and women and their families.

MATES4MATES Background

- Mates4Mates is a non-profit initiative of RSL Queensland.
- Mates4Mates provides practical support to physically and mentally wounded, injured and ill former and current ADF servicemen and women who have served post-1990, and their families.
- Mates4Mates' welfare, treatment and recovery programs include funding on-base Soldier Recovery Centres at Enoggera and Townsville, mental health support and research, back to work rehabilitation and adventure challenges.
- Mates4Mates works with the ADF and other defence service charities.

- Mates4Mates supporters include Pat Rafter, John Eales and Natalie Cook.

MATES4MATES Facts

- Since the commencement of the East Timor conflict in 1999, it is estimated in excess of 65,000 young Australians have contributed to the protection, welfare and prosperity of our nation by entering conflicts or peacekeeping missions abroad.

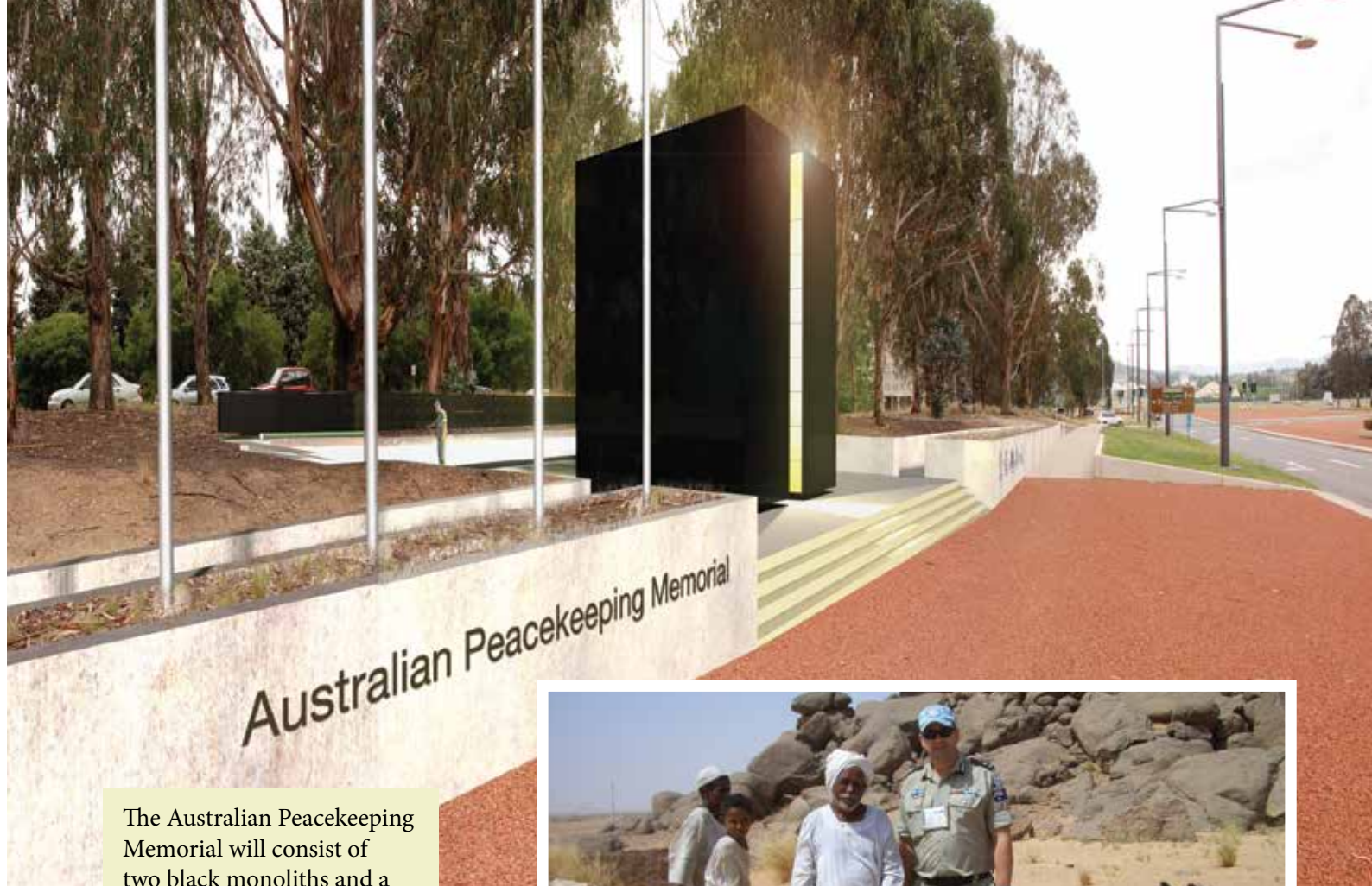
Source: c/- DVA service rolls.

After a decade of fighting, the war in Afghanistan has seen the Australian military suffer 249 battle casualties (above and beyond the lives lost), many of whom are facing life-changing challenges including loss of limbs, gunshot wound injuries, stress and mental illness.

Source: <http://www.defence.gov.au/op/afghanistan/info/personnel.htm>.

Source: <http://www.defence.gov.au/health/DMH/docs/2010%20ADF%20Mental%20Health%20%20Wellbeing%20Study%20Executive%20Report.pdf>





The Australian Peacekeeping Memorial will consist of two black monoliths and a path between them that will glow with golden light. The light will symbolise the way opposing sides are brought together by peacekeepers.

The path leads to a paved ceremonial courtyard at the back of the Memorial. Along the back of the space there will be a stone beam on which will be recorded Australia's many peacekeeping missions.



For over 65 years, Australians have been risking their lives for peace and doing their bit to protect the world's most vulnerable people in the world's most dangerous places. More than 66,000 Australian members of the ADF, AFP, state and territory police jurisdictions and civilians have served on peacekeeping missions including Cyprus, Timor, Solomon Islands, Sudan, Bougainville and Haiti—to name just a few.

The Australian Peacekeeping Memorial on Anzac Parade will celebrate the contribution of these brave men and women to international peace. Fundraising is underway with the aim of having the Memorial ready for the Centenary of Anzac in 2014.



Keep up with the latest news by liking the Australian Peacekeeping Memorial on Facebook:
www.facebook.com/theaustralianpeacekeepingmemorial

For more information visit:

www.peacekeepingmemorial.org.au



Record Heroin Haul for Coalition

The Australian-led Combined Task Force 150 (CTF 150) supervised major international naval operations, which saw a Canadian warship seize a record heroin haul during a boarding on Friday, 29 March 2013.

Law enforcement agencies confirm the half a tonne of heroin has an estimated street value at \$100 million AUD.

According to law enforcement agencies, the 500kg haul is one of the largest heroin seizures in maritime history.

The Australian CTF 150 Commander, Commodore Charles McHardie, said the seizure represents another step towards ensuring a secure maritime environment, whilst further depleting terrorism's finances.

Heroin trafficking is a major source of financial supply for terrorist activity.

"The destruction of this cargo strikes at the financial heart of global terrorist organisations," Commodore McHardie said.

CTF 150's Australian-led intelligence gathering, planning, co-ordination and direction was central to the mission's success.

The Australian ship HMAS Toowoomba was working on the same operation when Canadian warship HMCS Toronto tracked and boarded suspected drug smugglers.

Commodore McHardie said the seizure is proof coordinated coalition efforts deny funding to terrorist organisations.

HMCS Toronto boarded and searched the vessel in the Indian Ocean adjacent to Zanzibar Island, Tanzania in accordance with international law and the vessel was found to be without nationality.

The boarding occurred as part of Focused Operation Southern Sweep, which is designed to assist counter-terrorism efforts.

Focused Operation Southern Sweep is disrupting the movement of heroin from Afghanistan into East Africa by sea and denying terrorist organisations a source of financial support.

CTF150 is one of three task forces commanded by the Combined Maritime Forces (CMF), which includes 27 nations in the naval partnership.

The CMF mission is to promote security, stability and prosperity across the Arabian Gulf, the Gulf of Oman, the Red Sea and the Indian Ocean.



Honour Distinction for Army Engineers' Peacekeeping Operation

The Governor-General of Australia, Her Excellency, Ms Quentin Bryce AC CVO presented the Australian Army's first Honour Distinction to 17 Construction Squadron on 11 May at a ceremonial parade at Steele Barracks, Holsworthy.

The Honour Distinction 'Namibia 1989-90' recognises the vital contribution of 17 Construction Squadron to the United Nations Transition Assistance Group (UNTAG) in the transition of Namibia to independence in 1990.

The Chief of Army, Lieutenant General David Morrison, AO said 17 Construction Squadron played a key role in the smooth and successful transition to democracy in Namibia.

"17 Construction Squadron performed a role well beyond what was expected of them," Lieutenant General Morrison said.

"The Australian Army and wider Australian community are proud of their work, initiative and professionalism in a highly sensitive environment."

The Australian Contingent of UNTAG comprised 613 personnel, the majority of whom were Army Engineers from 17 Construction Squadron, who were deployed to provide engineer support to the United Nations.

Despite being deployed to provide engineering support, when the cease-fire broke down at the start of the mission,

17 Construction Squadron helped establish assembly points before becoming involved in the election itself, providing security, transport and support to the election officials, monitors, other UN personnel, voters and polling stations.

The Honour Distinction for 17 Construction Squadron was recommended by the Army Battle Honours Committee who, recognising Australia's commitment to peacekeeping operations, amended the battle and theatre honours system to provide for the recognition of outstanding service in operations in other than declared theatres of war.

Under the new system, actions by units in non-war-like but still hazardous conditions, and actions by non-Arms Corps Units, can now be recognised by the award of an Honour Distinction.

The Honour Distinction 'Namibia 1989-90' is the first Australian Army honour to be awarded since the Vietnam War and the awarding precedes the Battle Honour Eastern Shah Wali Kot, which is the first battle honour to be awarded since the Vietnam War.

The Honour Distinction 'Namibia 1989-90', follows the awarding of two commendations soon after the deployment, with a CGS Commendation presented to 17 Construction Squadron and to 15 Troop, 18 Field Squadron.

Opposite top: The Royal Australian Engineer Corps Banner on parade with members of 6th Engineer Support Regiments' 17th Construction Squadron and the Australian Army Band Sydney in the background.

Opposite below: Her Excellency, Ms Quentin Bryce, AC, Governor General of the Commonwealth of Australia presents the Honour Distinction (Namibia 1989-1990) to (from left) Squadron Sergeant Major, Warrant Officer Class One Shawn Goodbody and Officer Commanding 17th Construction Squadron, 6th Engineer Support Regiment Major Henry Stimson as former members of the Squadron from the Namibia contingents Lieutenant Colonel David Crago (Retired), Lieutenant Colonel Brendan Sowry (Retired) and Warrant Officer Class One Rod Carr (Retired) and parade orderly look on.





RedBack Boot Company

The RedBack Boot Company was started in late 1989 by a branch of the Cloros family - fourth generation footwear manufacturers continuing a tradition of boot making since 1894. **Redback are committed to 100% Australian manufacture and as such product is cut, lasted and finished at our Sydney factory with state of the art technology and robotics.** In the last 20 years Redback has experienced sustained growth and is in the top 500 companies in NSW exporting to dozens of export markets. This extraordinary growth is made at a time when most footwear companies have experienced great difficulties in just surviving, and many have swapped to cheap offshore sources for key material and manufacturing requirements. The company has grown from a turnover of \$1,000,000 in 1990 with 6 employees to a turnover almost \$40,000,000 and over 100 staff this year. Over the last five years many millions of dollars has been spent on infrastructure and capital equipment. Redback is quality assured to ISO 9001 by DNV and has Standards Australia product certification to AS/NZS2210.2 and the U.S. NFPA standard, US-ANSI and CE marks.

Though **Redback is now the leading brand in Australian Work Boots** and produce significant

quantities of work, hiking, street boots and general purpose occupational boots, we have specifically concentrated on the design and production of high quality, special purpose government and industrial special purpose boots. Up to thirty percent of product is exported to countries such as the UK, USA, Germany, New Zealand, South Africa, Israel and PNG.

RedBack has proven they can produce world-class, unique products and services which are specific to their customers' needs with such successful projects as the Australian Defence Force Combat and Flyers Boots, Emergency Service Range and Occupational Hot Metal Boot for heavy industry which is being exported around the world. RedBack consults and collaborates with a range of specialists for its footwear program -such as the wearer's foot health and performance, education, correct fitting and usage.





SUPPLIERS OF:

- BOOTS
- BACKPACKS
- TACTICAL GLOVES
- JACKETS
- TACTICAL UNIFORMS
- TACTICAL EQUIPMENT
- VESTS
- HEAD WEAR
- SOCKS
- ACCESSORIES

EXCLUSIVE PEACEKEEPER DISCOUNT OF 10%

COUPON CODE: "PEACEKEEPER" AT PROMPT ON WEBSITE

**MADE FOR PROFESSIONALS,
WORN BY PROFESSIONALS**

WWW.PENTAGON.CO

FREE DELIVERY FOR ALL ONLINE PURCHASES

Showroom: 22/ 59-69 Halstead St
South Hurstville NSW 2221

DISTRIBUTED IN AUSTRALIA BY PHALANX AUSTRALIA



**- PROUDLY SUPPORTING
THE AUSTRALIAN ARMY -**

100% AUSTRALIAN MADE AND OWNED



**MARKET LEADERS IN WORK,
SPECIAL PURPOSE PROTECTIVE & LEISURE BOOTS.**

**SUPPLYING THE BOOT OF CHOICE TO DEFENCE,
POLICE, FIRE & EMERGENCY SERVICES
AROUND AUSTRALIA AND USA .**

EXPORTED TO OVER 20 COUNTRIES

REDBACK BOOT COMPANY PTY LTD
171-173 Botany Road Waterloo NSW 2017
Ph: + 61 2 93181311 Fax: +61 2 93181554

www.redback.net.au



St Aidan's

confidence to *explore*
from Kindy to Year 12

FACT: Girls who attend all-girls' schools are more than six times as likely to earn degrees in maths and science subjects.

St Aidan's endeavours to create a stimulating and positive learning environment and a focus on striving to achieve.

**TOURS AVAILABLE
THROUGHOUT THE YEAR**

St Aidan's Anglican Girls' School

11 Ruthven St Corinda Brisbane
Qld 4075 Australia

For more information phone

P: 3373 5928 or email our registrar

E: registrar@staidans.qld.edu.au

A School of the Sisters of the Sacred Advent
CRICOS NO. 01194K



Girls perform better at single-sex schools

Girls who attend a single-sex school will perform better in science and mathematics than their cohorts in co-educational facilities, according to research conducted by British academic, Alice Sullivan. Sullivan also concluded, "women who had attended single-sex schools were more likely than co-educated women to gain their highest qualification by age 33 in a male-dominated field" (*Sullivan, Joshi & Leonard, 2010, p. 25*). Sullivan concluded, "this confirms the view that single-sex environments can actually reduce the tendency of students to behave according to gender-typical stereotypes or norms".

"Put simply, girls in single-sex environments are not afraid to test scientific waters," St Aidan's Anglican Girls' School Principal Karen Spiller said.

"Fewer than 10 percent of engineers in Australia are women however, St Aidan's is bucking this trend. We are putting our time and money into programs designed to get our girls interested in pursuing a career in maths or science.

"For example, the School's national and international

reputation in science and engineering is bolstered through continued student participation in the annual *Australian Space Design Competition*. The team from St Aidan's this year scooped first place for the third time. Three St Aidan's students represented Australia at the *International Space Settlement Design Competition* in the United States in August."

Mrs Spiller invites Defence Force personnel who are relocating their families to Amberley to visit St Aidan's and meet with her and support staff.

"The team at St Aidan's will be only too happy to show you the incredible facilities we have on offer to educate your girls," she said.

St Aidan's Anglican Girls' School

11 Ruthven St Corinda Brisbane
Qld 4075 Australia

For more information phone

P: 3373 5928 or email our registrar

E: registrar@staidans.qld.edu.au

A School of the Sisters of the Sacred Advent
CRICOS NO. 01194K



Preparing for Final Rotation

Air Force Security Force Reserve personnel, soon to deploy to the Middle East Area of Operations sit proudly on a Bushmaster, after the Security Force farewell parade in early May.

An Informal Deployment Function and Family Interaction Day was held at No.2 Airfield Defence Squadron, RAAF Base Amberley for Security Forces Tarin Kot Rotation 2 (SECFOR TK2). The function was attended by Air-Vice Marshall Gavin "Leo" Davies, CSC, Deputy Chief of Air Force who addressed SECFOR personnel deploying and their families who were extended recognition and a heartfelt farewell.

SECFOR TK2 is the last Air Force Tarin Kot security rotation prior to Tarin Kot transfer to the Afghanistan National Army

Right: After the parade, in the turret of a Bushmaster vehicle with his baby daughter Elis, is Airfield Defence Guard Leading Aircraftman James Agars.





Each day is new and different. We're building 'Their Future' together...

As teachers we approach each day as a new opportunity to shape a student's educational experience, as we are aware that all children's needs and dreams are different.

With the dedication of our teachers, our approach to learning, the environment and facilities available, our students from Kindergarten to Year Twelve are poised to take the next steps and strive for success in their endeavours inside and outside the classroom.

Enrol Now for 2014! Call our Registrar on 3818 5777 to discuss your child's educational future at The Springfield Anglican College and arrange a tour of our campuses.

** Limited vacancies available for some 2013 Year Groups.*



Celebrating 15 years of Community

Their Future.
www.tsac.qld.edu.au
Kindergarten to Year 12



The Springfield Anglican College is celebrating fifteen years in operation in 2013. This is an exciting time for the College as we reflect upon all that has been achieved over the past fifteen years and look to the future with great enthusiasm and anticipation.

The Springfield Anglican College is a co-educational, Anglican, independent school with 880 students from Kindergarten to Year Twelve spread over two expansive and well resourced campuses. Located in the heart of Greater Springfield, the College adopts a holistic approach to education and values strongly the importance of a safe, supporting and caring learning environment as the underpinning of student success. The College has a capped upper limit of approximately 1,000 students from Prep to Year Twelve and is rapidly approaching this enrolment number.

The College has high standards and expectations across all aspects of College life.

While the College is non-selective, students who gain most from their time at the College are those who have a strong desire to learn and take advantage of the broad range of extra curricular programmes in Sport, the Creative Arts, Outdoor Education and Service. The College also has a well-developed student leadership programme.

A key element of a TSAC education is a clear focus on the individual and a strong desire to assist all students to develop their talents and realise 'Their Future'. The College provides curriculum flexibility to students to enable pursuit of sporting and cultural interests to the highest level. The College also adopts an Open Door Policy and values the input of parents in the shared education of their children.

Mr Steve Croft
Head of College

AUSTRALIAN PEACEKEEPER & PEACEMAKER VETERANS' ASSOCIATION
WE'RE HERE FOR YOU.



www.peacekeepers.asn.au

CT-U Five Farewelled



Some 300 Australian Defence Force personnel about to deploy to Afghanistan were officially farewelled by family, friends and colleagues at a parade at Robertson Barracks (Darwin) in early May.

Combined Team – Uruzgan, Rotation Five (CTU-5) and the 2nd Cavalry Regiment Task Group (2 CAV Task Group) will work closely with the Government of Afghanistan and the Afghan National Security Forces as they continue to take over responsibility for governance and security.

Commander CTU-5, Colonel Wade Stothart, today thanked families and friends for their ongoing support in the lead up to the deployment.

“Today offers an opportunity for us to recognise the dedication and commitment of our deploying members,” Colonel Stothart said.

“It also provides a chance to say thank you to our friends and families for their continued support, without which we would not be able to complete our mission.”

Commander 2 CAV Task Group Lieutenant Colonel Michael Bye reinforced the importance of the mission ahead and paid tribute to the Defence personnel who have served in Afghanistan during the past 10 years.

“The 2 CAV Task Group recognises the importance of stability and security in Uruzgan and Afghanistan. We owe it to the people of Uruzgan, and to those members of the ADF who have gone before us to continue their work achieving security in the province,” he said.

The parade was reviewed by the Commander of the Australian Army’s 1st Division, Major General Stuart Smith, AM.



Maintain your independence and improve your quality of life!

www.activebodyconditioning.com.au

VETERANS EXERCISE PROGRAM

(provider with Medicare Australia, diabetic patients and EPC)

Ex-service men, women and war widows
(with a D904 referral from your doctor made out to Active Body Conditioning, tax payer funded for those eligible)

Conditioning, Hydrotherapy and Rehabilitation Programs with Accredited **Exercise Physiologists** to suit every individual

Get something back by improving your Quality of Life and maintaining your independence

Practices Currently Operating In: Ipswich, Goodna, Enoggera and surrounding suburbs. (Enquire Within)



To discuss programs and individual eligibility
www.activebodyconditioning.com.au
Call Russell and Karlee 0401 857 859

Have you had a heart attack, joint replacement surgery or suffered from muscular injuries. Do you constantly suffer from PTSD and mental health disorders, diabetes, osteoarthritis, chronic pain, obesity, back pain or cardiovascular disease? Then look no further as Active Body Conditionings Exercise Physiologists can help.

The exercise program set up and available to Ex-service men, women and war widows currently operates in Ipswich, Goodna and Enoggera with more locations coming soon. The program is tax payer funded for those eligible and offers strength, conditioning, injury rehabilitation and disease management for specific individual needs. Sessions compromise 45 minutes under the watchful eye of your very own accredited exercise physiologist who will assist you in your program by appropriately prescribing exercise to rehabilitate any of your injuries and improve your health and fitness, with the one on one nature of the sessions allowing you to utilize the knowledge and experience of the health professional.

'In June 2012 I was medically discharged from the ADF with PTSD, Anxiety and Depression. After 19yrs of service I found myself out with nothing I was able to do. After a few months of sitting around the house with nothing to do I was told I was entitled to a Sports Physiologist. At first started I was sceptical of the unexpected. I knew I was at an unhealthy weight and had to do something to make a change for my life.

When I met Russell in my consult I did not know how much he would change my life, but from the start of our conversation I could see how educated he was when it comes to health and fitness and his passion for it was exuberant.

From day 1 Russell put me with a great trainer Leslie and she was there to guide me and educate me on my fitness journey, equipping me with mental toughness to push myself to reach my goals and even exceed them.

With PTSD it's hard to get started but all of Russell's employees get what Veterans need and they encouraged and motivate you to get out and train. If I was not able to train 3 days a week I do not know what I would be doing right now'.

Testimony of Ian Rawson RAAF 1993 – 2012 OEF Veteran.

The veteran needs to obtain a D904 referral from the doctor made out to Active Body Conditioning and including any conditions that they have. This referral lasts for 12 months in which time we will set up care plans aimed at assisting in the rehabilitation of any injuries and improve functional strength and mobility which will improve ability to perform tasks and activities of daily living, with the aim to equip you with the tools you can continue to use on your own in the future. We also conduct health assessments where we monitor your blood pressure, heart rate, cardiovascular fitness, flexibility, strength, mobility and balance, while also adjusting any aspects the program that needs appropriate progression or even regression.

The program is tax payer funded for those eligible and offers strength, conditioning, injury rehabilitation, hydrotherapy and disease management for specific individual needs. also if we could add it into where in blue it says, Conditioning and Rehabilitation Programs with Accredited Exercise Physiologists to suit every individual. can it read Conditioning, Hydrotherapy and Rehabilitation Programs with Accredited Exercise Physiologists to suit every individual.

Our website is www.Activebodyconditioning.com.au, or alternatively contact our team on phone 0401857859 to discuss the program and check eligibility

More locations coming soon, so call to book your position and get the program started in your area ASAP

ANZAC Day in Antibes 2013

ANZAC Day in the French resort town of Antibes came about after APPVA member, Steve Wright caught up with a couple of mates over a few beers.

“As I wasn’t able to be in Oz for ANZAC day 2013 and attend the services there, they said, “Why not organise ANZAC day here on the Cote d’Azur, French Riviera”, great idea,” said Steve.

“However off course as the organisation ball started to roll faster it turned out to be something of a serious undertaking!”

As a self-admission, Steve’s French language skills are really bad- the result of having colleagues who only speak English and working in many countries often, usually with people that only speak English also.

“Madame Zimmerman was a key player from the Mayor’s office, liaising with us regarding protocols, acting on the mayor’s behalf and assisting with the organisation, including Police National co-ordination,” said Steve.

He soon found the French bureaucratic wheel slow moving one with key decisions taking time. It was Steve’s insistence for decisions from the Mayor’s office that finally saw the ANZAC Day planning underway.

Steve’s partner, Felicity, was a major part of the team in negotiations in French with the mayor’s office and this was a learning curve for them as the Southern French have no idea what ANZAC day is, or what it means as a rule.

“Colonel Rupert Hoskin the Australian Defence Attaché in Paris was very supportive, and also Lieutenant Colonel Dave Lynch, and if not for their input we wouldn’t have had the pleasure of the attendance of Major Mark Leo and Captain Terry Hill from the Tiger/NH90 resident project team France.”

“They were each present for both the dawn and 11:00 commemoration services which made a real impact to the gravity of both services. It is a real honour to have serving ADF members present, and I never really understood this when I was in service with Navy, but I do now as a veteran.”

The organising team was Steve, Felicity, friends Shelley Ward, Stephane Bordera, Kevin and Anne Valerie Carissimi, Noel Watkins, Donny and Ed Sullivan.

This was the first official ANZAC day

commemoration service to be conducted south of Paris as far as could be determined.

“Therefore the requirement to get it right, first time, on time on target was pretty much all we thought about...with a little help from my friends as the song goes,” said Steve.

The Arrival of the Flag:

Steve is not a person to believe in miracles but described Michael Romalis (President of the APPVA Tasmania Branch) as using the 5th dimension and quantum mechanics to magic up an APPVA flag to Antibes for the ANZAC Day service.

“This top quality flag travelled all the way from Tassie to our home in South France some 16,831km as the crow flies in 4 days via a courier service, believe me that is unheard of; BZ Mike,” said Steve.

Steve Wright quickly learnt the elements required to organise and conduct successful ANZAC day services, He felt duty bound to do so in the first as a veteran, and was glad he did for a number of reasons.

“This was an important milestone for the expat community on the Cote d’Azur, the bringing together of Aussie’s and Kiwi’s and many attended, +60 for dawn and +100 for the main service at 11:00, and tears were present too.”

“On the 25th April each year, it really does matter to take time out, pause and remember. Without past, there is no future. But above all, to maintain the continuity of the core principles and values that makes Australia and New Zealand great.”



YOU SERVE YOUR COUNTRY. NOW LET US SERVE YOU.

Up to 10% discount* with your ADF ID Card.

Present your ADF ID Card at our Cairns or Darwin International Airport store and receive 5% off watches and electronics and a massive 10% off all other products.

*Excludes all Apple products, defence personnel discount applies to all promotions in-store, excluding tobacco and clearance products. Discount received upon presentation of ADF ID card with purchase. Not in conjunction with pre-order discount. Available at JR/Duty Free Cairns and Darwin International Airport stores only.

JR/DUTY FREE

**FIND YOUR TRUE
POTENTIAL!**



GENESIS
The Fitness Club for Everybody

247 Trower Road, Casuarina, NT, 0810

T: 08 89272099

W: www.genesisfitness.com.au



Shoulder2Hand

We are a specialist Orthopaedic Surgical team dealing exclusively with the treatment of the Upper Limb: the Shoulder, the Elbow, and the Hand.



This includes:

- The treatment of fractures
- Joint replacements (shoulder, elbow and hand)
- Joint reconstructions
- Soft tissue (tendon and ligament) repairs
- Specialist hand operations

T: (02) 6260 4777

F: (02) 6260 4788

W: www.shoulder2hand.com.au

E: reception@shoulder2hand.com.au

In and Out Fitness a Personal Journey

“The In and Out Fitness program was created through my own trials and tribulations after I was diagnosed with PTSD, depression, anxiety, and alcohol abuse four years after leaving the ADF,” says former serving Army member and now personal trainer, Dane Christison.

Dane took a PTSD course, receiving extensive counseling with VVCS and psychologists and he still sees a psychiatrist regularly.

“Throughout this experience I strongly felt that there was a need for a program that related to the younger

generation of soldiers, sailors, and airmen and women in a healthier environment rather than utilizing drinking holes,” Dane said.

“I also realised the insanity of being indoctrinated to the point where you would kill another human being but not provide a transition process for soldiers to return back to civilian life. I believe this a major contributing factor to why we struggle with this transition.”

“One moment we are told how to walk (which is now marching), how to talk (whether that is in Ratel,





Australian Government

**VVCS – Veterans and Veterans Families
Counselling Service**

Have you served?

VVCS is a free, confidential, counselling service dedicated to supporting the mental health and wellbeing of the Australian ex-service and veteran community and their families.

VVCS can help to work through emotional or psychological issues arising from your military service, including stress management, relationship, family or lifestyle challenges.

VVCS offers:

- Counselling;
- Group programs to address anger, depression, anxiety and fitness;
- Veterans Line - after-hours crisis counselling;
- Support with the transition from military to civilian life; and
- Self-help resources and referrals to other services.

VVCS services are available for all to Australian veterans, peacekeepers, eligible members of the Defence Force community and their families, along with F-111 fuel tank maintenance workers, their partners and immediate family members.

If you need support, or would like more information, please call or visit our website.

1800 011 046*

www.dva.gov.au/vvcs

* Free local call. Calls from mobile and pay phones may incur charges.



Veterans and Veterans Families Counselling Service

A service founded by Vietnam veterans

AG70989



Australian Aerospace Resources

Australian Aerospace Resources

Australian Aerospace Resources (AAR) provides specialist recruitment and resourcing services to the aerospace and defence industries. We have brought together a group of people who have the capabilities to provide exactly what you need in these ever-challenging industries.

Hard to find the right people? Where can you get engineers for your tender? Need help retaining key staff? We can help you answer these and many more questions. We specialise in:

- Recruitment - Resourcing - Search & Selection
- Database Management - Business Solutions
- Career Management

With our key personnel and proven industry track record, AAR can provide you with a level of satisfaction you have not experienced before.

Let us take the stress out of your recruitment and resourcing programs.

aar@aaresources.com www.aaresources.com
Phone: 61 3 9809 0606



Day & Overnight Hire up to 12 passengers, BBQ, CD Player, Sounder/Plotter. Esky's & Ice Packs. All linen provided for overnight hire. Fuel included!



**CAPE ADIEU
HARBOUR CRUISES**

Chef prepared wild caught seafood and BBQ buffet

Charters for all occasions

- Bareboat & fully catered
- Lunches/Breakfast
- Birthdays/Weddings
- Staff functions
- Memorial Services
- Fishing Tours

SUNSET DINNER CRUISE DARWIN HARBOUR

Departs Stokes Hill Wharf
Owned and Operated by
NT Professional Fishermen

BYO and Licensed



**FOR ALL ENQUIRIES PHONE: 0439 89 39 39
OR VISIT OUR WEBSITE www.capeadieu.com.au**



cadence, or learning a new lingo) what we can and can not say, when we can talk and when we can't, where to be at what time, how to address rank, and to never question an order.

"Next moment we have to internalise all these disciplines and everything we say is questioned and judged."

"We are taught to believe we are "self-disciplined", we find out quickly when becoming civilians that we are actually "externally-disciplined" by a higher rank, and a lot of us find it difficult to manage our day to day lives and feel happy with the person we are now trying to become."

The In and Out Fitness Program is the first transition program of its kind for Defence members.

Broken into two simplistic categories "Physical Health" and "Lifestyle Management" in a goal orientated way, the program is seen as a de-escalation method for PTSD, anxiety, depression, and alcohol abuse before these symptoms occur by allowing members to measure stress levels and use the correct professional means to assist in making simplistic changes for a more manageable life.

"I do not profess that this is for everybody, because in my own experience I have found that each individual has to find out what methods are out there that relates to them more," said Dane

"It will serve its purpose in an environment that most people in the younger generation utilise throughout gyms Australia wide. It also offers the chance for us to create sporting teams together for socialising such as touch footy, Aus-tag, basketball, netball, or soccer."

Dane says the program correlates mental health and physical health in unity and has the intention to achieve goals for the mind, body, and soul.

"All personal trainers monitoring the program are ex-ADF members so they understand the dynamics of each member's sensitivities, as they have been through the same transition."

"There will be no HARDEN UP methods utilised in this program as we want everyone to enjoy their training."

A participant will receive a profile of goals and achievements to continue the pride the member had, or still has, as a member of the ADF.

"We instill a new type of pride in your family relationships and friendships by having the professional links to counseling if you want it in order to give you the tools to communicate on an effective level."

The program is about making small, simplistic changes week by week to create a less stressful and overwhelming life. It is for current servicemen and women, ex-serving servicemen and women, and spouses.

It recognizes that the current programs implemented through the ex-service system served a purpose for mainly the older veterans over fifty-five years of age. In and Out Fitness serves a purpose for those in the younger years as well.

"We haven't put the programs in full launch as of yet, as we are currently monitoring a small group of young veterans and making improvements," said Dane.

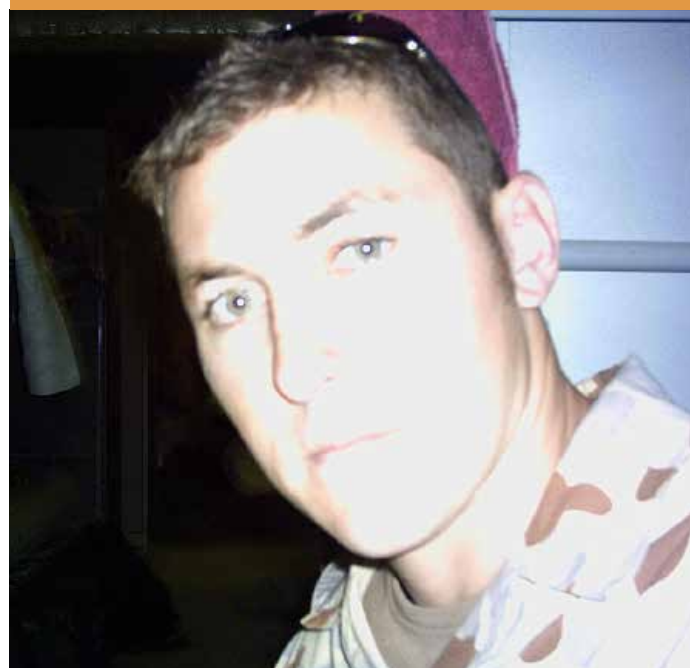
"We want to have the upmost confidence that this will relate to a large group, and hope to make what ever alterations needed as soon as possible so we can finally extend this to as many veterans as possible."

The current programs running are the TTP (Training/Talking Partner) under which a veteran registers to find a gym buddy to train with and talk to. This has been successful in helping out with isolation issues and holding the veteran accountable for getting to the gym and working on his/her physical attributes helping with self-esteem issues.

Further information can be found at:
www.inandoufitness.com.au/

Below: Personal trainer, Dane Christison

Previous page: Dane in Iraq





Steve Dobson (left), Tony Richings (centre) and Stan Hanuszewicz (right) Berets Symbols of Mateship

The Berets

In early January, a large wildfire tore through the Tasmanian town of Dunalley with veterans and their families badly affected – two losing their homes and their possessions including their personal military possessions.

APPVA-TAS member, Tony Richings, tells the story of mateships that grew stronger out of the ashes of the devastating wildfire.

The Army Reserve in Tasmania boasts a tight knit group of members who served over many years with the command Pay unit.

During the recent fires in the south of the state, former members Stan Hanuszewicz (a two tour Vietnam veteran) and Steve Dobson (Namibia - UNTAG) both lost their homes in Dunalley as did Steve's father.

Peter Saville, who served in East Timor and Bougainville was safely evacuated with his family from Primrose Sands as flames came within meters of his home.

Mick Wright, who also served in East Timor, was safely evacuated with his wife from nearby Dodges Ferry in similar circumstances.

On the day after the fire, Stan's hair was black with the effects of the smoke and thoughts turned to his black beret. He had saved his medals but mourned the loss of his treasured headwear and I was determined to get him a replacement.

A number of phone calls and the surfing of the Internet told that the black beret has been withdrawn from service on occupational health and safety grounds!

It seems that in today's Army a soldier can drive an 80 ton main battle tank, crush everything in its path, fire a range of heavy weapons, risk a life in combat but not run the risk of getting sunburned while displaying pride in his regiment.

I was referred by a former RSM of the Armoured regiment to savetheblackberet.com and eventually to the Royal Australian Armoured Corps Tank Museum at Puckapunyal. It was there, with the help of Tony Crook and John Brooker a replacement beret and badge was secured.

Steve Dobson also lost his blue beret and another hunt was on. A mate guessed that his hat size would be six and five eights. When a supply source was found and the size given, the response was, "Sixty five what?" Wrong generation. We settled on 'medium' and a replacement was secured together with metal UN badge. All that was necessary was an appropriate venue to hand them over and a hope that the berets would fit.

A BBQ was held at Bob Ramsay's (Vietnam veteran) home with other former members of the unit, together with their families. The Savilles and Wrights were there as were Mick Gallagher (East Timor, Iraq, Afghanistan), Peter Bruce (UNTAG), Karl Blackman (UNTAC), Sandy Hudd (UNTAC NGO), Graham Barnett (East Timor, Iraq, Afghanistan), Anthony Maglone (East Timor) and Don Sawford (East Timor).

The beer was cold, the snags hot and the berets fit. It was another great bonding experience for members of this small unit that has produced so many Peacekeepers.

Tony Richings
UNTAC, (NGO East Timor and Balkans)

Minister for Veterans' Affairs, Warren Snowdon MP, writes for the Australian Peacekeeper

As Australia heads to the 2013 Federal election, our elected representatives have been invited to make submissions about issues they wish to highlight. While there have been criticisms about the magazine being too pro-Green or pro-Government, this publication is apolitical and offers all political representatives with the Veterans' Affairs as their portfolio an equal opportunity to write an un-edited piece. How this information sits with credibility is up to you as the reader.

Minister for Veterans' Affairs, Warren Snowdon MP, writes for The Australian Peacekeeper.

Australia has been involved in international peacekeeping from the beginning, some 66 years ago. Over that time, more than 30,000 Australian men and women have served in more than 50 multi-national peacekeeping operations, near and far from home.

The Australian Government remains committed to our peacekeeping responsibilities and to the ongoing care and support veterans of past operations. One of the key priorities for me as Minister for Veterans' Affairs is the wellbeing of our contemporary veterans.

In particular, access mental health support has been a critical issue for the Federal Labor Government since being elected in 2007.

Following the 2009 independent Dunt Reviews into mental health issues in the ADF and ex-service community, the Government invested \$93 million in the Departments of Defence and Veterans' Affairs.

In 2011, the Government and Defence released the 2010 ADF Mental Health Prevalence and Wellbeing Study and the ADF Mental Health and Wellbeing Strategy. This was the first comprehensive assessment of the overall mental health of serving personnel, including peacekeepers, and was a world first for this type of study in a defence population.

A challenge for both Defence and Veterans' Affairs remains getting people to come forward and seek help for mental health conditions, because early identification and treatment is crucial.

Changes have been announced as part of the 2013-14 budget to ensure our veterans, including those with eligible peacetime service after 1994, can access non-liability mental health support and treatment. Alcohol and other substance misuse disorders associated with mental health conditions are now included.

The Veterans and Veterans Families Counselling Service will have its coverage extended to a number of current and former personnel and their families who had not previously been eligible, including those involved in high-risk peacetime activities such as disaster relief and training accidents.

The Government, through DVA, is seeking to engage with

more of Australia's younger veterans and has implemented a number of innovative approaches including online videos and apps.

Over the past six months, more than 7,000 people have viewed DVA's Mental Health videos online and 3,300 people have downloaded the PTSD Coach app. I am encouraged by these figures, they show more of Australia's veterans are seeking information and ultimately accessing support for mental health.

The Government is pleased to have granted the Peacekeeper Memorial, which is planned for ANZAC Parade in Canberra, deductible gift recipient status to encourage public and corporate donations.

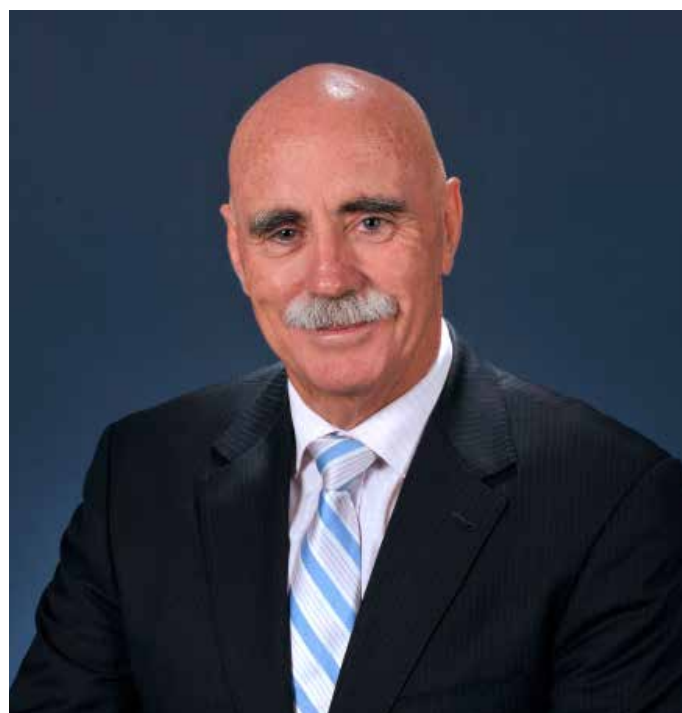
It is my hope that this memorial will be completed in time for the ANZAC Centenary, when we acknowledge a century of service.

I also welcome the Australian War Memorial Council's recent decision to include those Australian Peacekeepers who have made the ultimate sacrifice on operations on the Roll of Honour at the War Memorial.

This decision means there can be no doubt that Australians hold our peacekeepers in the highest regard, that the loss of an Australian serviceman or woman while on operation is a sacrifice that will never be forgotten.

Australian peacekeepers have played a significant role throughout the world and continue to be great representatives of our Australian Defence Force. We fully accept our responsibility to acknowledge their service and care for those who have served our nation with such distinction.

**The Hon Warren Snowdon MP
Minister for Veterans' Affairs**



From the Shadow Minister for Veterans' Affairs – Senator Michael Ronaldson

On 14 September Australians will have an opportunity to elect a new Parliament and a new Government for the nation. The election presents a stark choice for all Australians and, particularly, for veterans and their families.

I have had the great honour of serving as the Shadow Minister for Veterans' Affairs for almost three years. Over that time I have consulted widely with veterans, ex-service people, organisations and others to identify the key areas for policy development in this portfolio. I have very much appreciated the opportunity to meet on a regular basis with the APPVA, particularly Allan Thomas, Paul Copeland and Michael Quinn.

Regrettably, Labor's reckless waste and fiscal mismanagement has limited the scope of the commitments we can make and the steps we can take to undo areas neglected by the current Labor Government.

One of these areas is advocacy funding. In a decision which still beggars belief, Labor slashed BEST funding in the 2011 Budget because, in their view, the number of veterans was declining. But what I have heard consistently in my travels across Australia is that workloads are certainly not decreasing, with many claims now more complex than before, especially where multi-eligibility issues arise. Further, I am told that many younger veterans are facing lengthy delays to see qualified advocates because funding has limited services which can be offered.

The Coalition established the BEST funding programme in order to support volunteer veterans advocates working in the community to assist veterans and their families to navigate the complex web of entitlements which are available. It built on the principle that a veteran, or a veterans' partner, feels more comfortable speaking to someone who understands their service, and the unique nature of military service, when seeking compensation for service-related incapacities. We remain committed to a strong and viable BEST programme.

On 14 March 2013 in Queanbeyan, the Leader of the Opposition, Tony Abbott MHR, re-dedicated the Coalition to delivering fair indexation for DFRB and DFRDB military superannuation pensions. Under the Coalition's plan, DFRB and DFRDB military superannuants aged 55 and over will have their pensions indexed in the same manner as aged and service pensions. This is a fair, just and equitable outcome and is an important first step, in difficult financial circumstances, in the area of military superannuation reform. If elected on 14 September, the Coalition will fund this commitment in our first budget and the new indexation arrangements will take effect from 1 July 2014.

The Coalition acknowledges the concerns of MSBS superannuants, and those DFRDB superannuants aged under 55. However, the process of reform must begin



somewhere and given the state of the nation's finances, the Coalition is limited in the steps it can take immediately on the road to reform. As the Coalition puts the Budget back into a strong position and Labor's legacy of debt and deficit is overcome, the Coalition will be in a far better position to consider further areas for reform into the future.

Since my appointment as shadow minister in September 2010 I have conducted close to 80 veterans' forums right across Australia. These forums, thanks to the active participation of the veteran and ex-service community, have given me an important grounding in the issues confronting veterans and their families and the areas which require attention into the future. I am fully seized of the need to protect and uphold the unique nature of military service and to ensure that this nation never repeats the mistakes of the past in our treatment of veterans and their families.

A Coalition Government will ensure that a stand-alone Department of Veterans' Affairs continues to provide dedicated care and support to our veterans, war widows and veterans' families. This Department is vital to the covenant which exists between a nation served and those who serve it. The Coalition believes DVA remains best-placed to meet the needs of future generations of veterans and their families and working with the veteran and ex-service community we will continue to identify ways to improve our world-leading repatriation system.

Finally, I want to acknowledge the work undertaken by Allan Thomas and the APPVA in lobbying the Council of the Australian War Memorial to overturn its decision in relation to the Roll of Honour. This was a decision which only the Council of the Australian War Memorial could make; readers would be aware that the Coalition fully supported the Council's decision and lent our strong support to the Council's reconsideration of the issue.

Importantly, the surviving families of the 48 men and women who gave their lives can now take comfort in the knowledge that their sacrifice will be forever remembered by their inclusion on Australia's Roll of Honour.

The Coalition is ready to govern and to provide the hope, reward and opportunity that Australians, and particularly Australia's veterans and their families, deserve. If given the honour of serving as the Minister for Veterans' Affairs I will continue to work with the APPVA and the younger veteran community to build a stronger repatriation system for all.

**SENATOR THE HON. MICHAEL RONALDSON
SHADOW MINISTER FOR VETERANS' AFFAIRS
SHADOW MINISTER ASSISTING THE LEADER OF THE
OPPOSITION ON THE CENTENARY OF ANZAC**

Shedding Light on Better Health

A new initiative that is still in the planning stages – 'Defence Shed' - will bring together serving and ex-serving ADF personnel in an effort to promote good health, provide support and services, and encourage social connections by creating an environment where people can get together to chat and share hobbies.

Being set up by a group of veterans, the initiative is in response to the high incidence of PTSD and other conditions affecting ADF members. Defence Shed encourages men and women to take an interest in their health and overall wellbeing and will help provide members with mental, physical and spiritual needs.

It is based on the concept of 'Men's Sheds' that have been established to encourage men to take an interest in their health and wellbeing.

Defence sheds will be established in a number of locations across Australia and open to all current and former Defence men and women, regardless of whether or not they have seen active service.

The sheds will become meeting places where members can discuss issues of concern with like-minded mates, work on projects together, get involved in fundraising activities with various charities and learn new skills.

The sheds would also provide access to health, welfare advice and counselling information, through various professional networks and connections to other services available through the Defence network.

Support and backing is coming from the top, including current CDF General David Hurley and Major-General John Cantwell (rtd).

As Defence Shed gains more backing from the right people of good will in and outside the ADF it will widen the ability to assist its member and this can only be done via funding and support.

For more information about the Defence Shed initiative, go to:

<https://www.facebook.com/groups/DefenceShed/>

<http://www.defenceshed.com/>

<http://www.dan.gov.au/community/groups/defenceshed>

Notice

Seeking To Tell The Afghanistan Story

Vivienne Walshe is an accomplished Australian playwright, winning the 2012 Griffin Award for her recent play, *This Is Where We Live*.

Ms Walshe is currently writing a play around Australian soldiers in Afghanistan and she is seeking

to contact those who have served there about their experiences.

In creating the story, Ms Walshe wants to capture the experiences, the terminology and the different atmospheres as accurately as possible in order to bring the story to the stage.

Any members interested in assisting, please contact Ms Walshe at viviennewalshe@yahoo.com



Members of HMAS Parramatta look forward to the 2013 Fleet Review/1913

Navy counts down to International Fleet Review spectacular

It is now less than six months until Sydneysiders experience one of the biggest commemorative events since the 2000 Sydney Olympic Games: The Royal Australian Navy's (RAN) International Fleet Review Sydney 2013.

Taking place on Sydney Harbour from 3–11 October 2013, the International Fleet Review commemorates the centenary of the arrival of the Royal Australian Navy's new fleet on 4 October 1913.

On that day, the flagship, HMAS *Australia*, led the new Australian Fleet of seven cruisers and destroyers – HMA Ships *Melbourne*, *Sydney*, *Encounter*, *Warrego*, *Parramatta* and *Yarra* – into Sydney Harbour for the first time.

It is anticipated that more than 40 warships from around the world will come to Sydney to take part, including ships from Brunei, Canada, China, India, Indonesia, France, Japan, Malaysia, New Zealand, Papua New Guinea, Russia, Singapore, Spain, South Korea, Thailand, Tonga, Turkey, United Kingdom and the United States of America. They will be joined by up to 20 international and local tall ships and at least six military bands.

This one-in-one-hundred-year event will commence with 20 tall ships entering Sydney Harbour on Thursday, 3 October, followed by the combined warship entry on Friday, 4 October, including a symbolic group of seven warships representing the original 1913 fleet.

To mark this historic occasion, Her Excellency the Governor-General of the Commonwealth of Australia, Her Excellency Ms Quentin Bryce, will welcome the Fleet from Bradley's Head on 4 October, and officially review the fleet onboard HMAS *Leeuwin* on Saturday, 5 October, as part of the Ceremonial Fleet Review.

Naval aviation will also feature on the Saturday, with more than a dozen RAN and visiting naval helicopters taking part in the day via a massed helicopter flypast over the harbour. Other activities staged during the afternoon include navy helicopter displays, Royal Australian Air Force and historic maritime aircraft flypasts.

Saturday's festivities will conclude with the International Fleet Review Pyrotechnics and Lightshow Spectacular at 7:30pm, which will be on a similar scale to Sydney New Year's Eve fireworks.

Chief of Navy, Vice Admiral Ray Griggs, said the International Fleet Review Sydney 2013 will be the largest commemorative event the Royal Australian Navy has ever undertaken.

"We expect it to rival our wonderful 75th Anniversary and Bicentenary celebrations

that occurred in 1986 and 1988, with up to one million spectators lining the Sydney Harbour foreshores to witness history in the making," Vice Admiral Ray Griggs said.

Further International Fleet Review activities include tall ship and warship open days at Cockle Bay/Darling Harbour, Garden Island and Barangaroo on Sunday, 6, and Monday, 7 October; Freedom of Entry parades in Mosman and Parramatta on Tuesday, 8 October; a Combined Navies Parade along George Street from The Rocks to Town Hall on Wednesday, 9 October, and the *RAN Sea Power Conference and Pacific 2013* – an international maritime trade show at the Convention Centre – from 7-10 October.

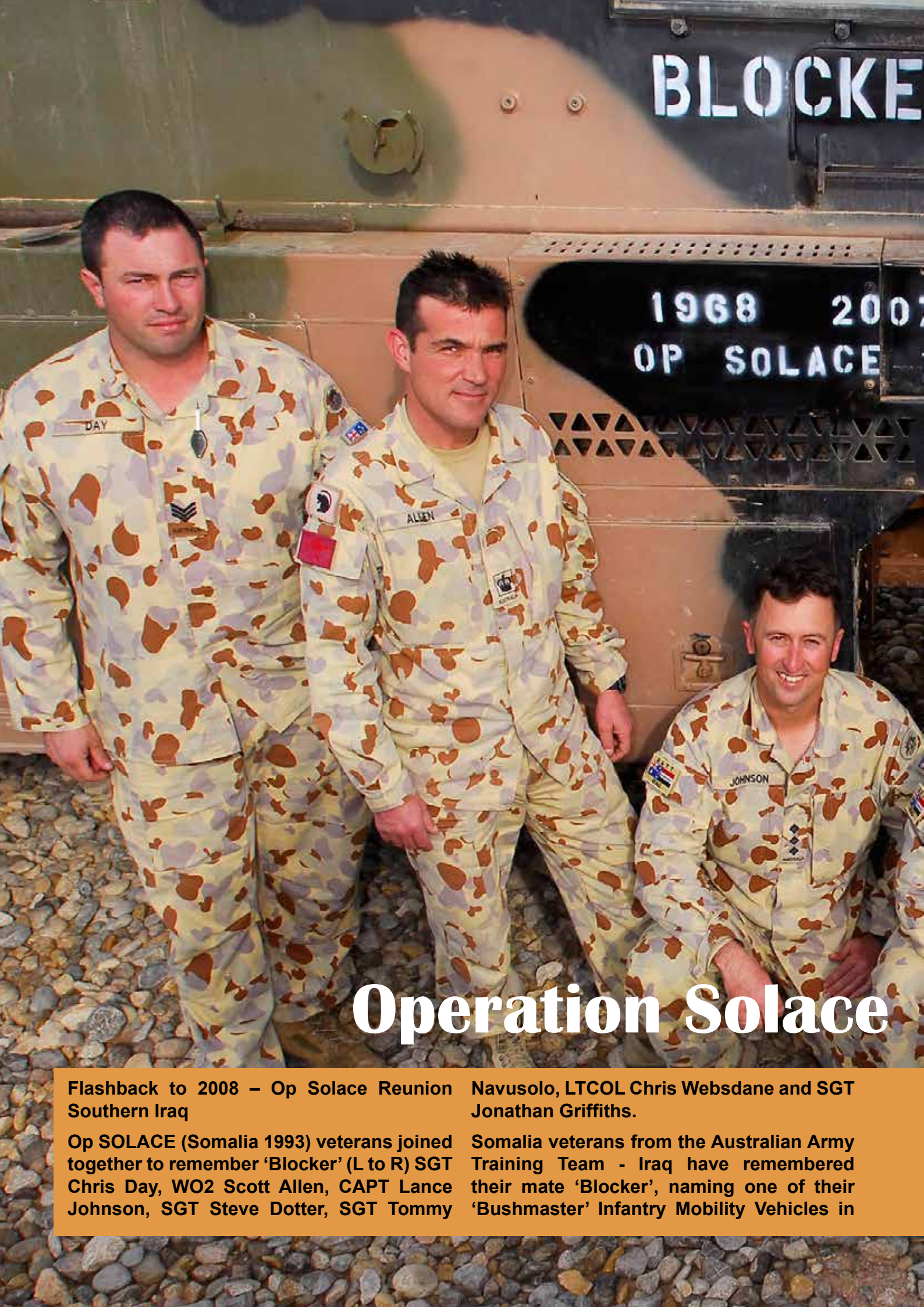
Over 8000 Australian and visiting naval personnel are expected to participate in the event, which is being staged in partnership with the NSW State Government and the City of Sydney. The event is expected to bring around \$50 million into the State's economy.

Many of the Australian and international warships will also participate in Exercise Triton Centenary 13 off the East Coast of Australia and visit other Australian ports before and following the International Fleet Review.

Tall ships from around the world will embark on an exciting journey to Australia to help celebrate. Australian and foreign tall ships will visit Fremantle, Melbourne and Hobart prior to gathering in Sydney on 3 October, before taking part in a special regatta race to Auckland.

For more information, including a full schedule of events, visit www.navy.gov.au/ifr.





BLOCKER

**1968 2007
OP SOLACE**

Operation Solace

Flashback to 2008 – Op Solace Reunion Southern Iraq

Op SOLACE (Somalia 1993) veterans joined together to remember ‘Blocker’ (L to R) SGT Chris Day, WO2 Scott Allen, CAPT Lance Johnson, SGT Steve Dotter, SGT Tommy

Navusolo, LTCOL Chris Websdane and SGT Jonathan Griffiths.

Somalia veterans from the Australian Army Training Team - Iraq have remembered their mate ‘Blocker’, naming one of their ‘Bushmaster’ Infantry Mobility Vehicles in



20th Anniversary

his honour.

Etuate Seruitukana, known as 'Blocker' to his mates, passed away in 2007 after a long battle with Diabetes. He served with Pioneer Platoon 1RAR during Op SOLACE in Somalia in 1993, alongside several pictured members

of the Australian Army Training Team - Iraq and Overwatch Battle Group (West)-4.

Veterans from 1RAR and B Sqn 3/4 Cav Regt took a break from operations to unveil the renamed IMV during an impromptu reunion.

Defence Relocations and Housing Managers are there to assist you during your relocation

By Ken Parks, Acting Assistant Director Operations, Directorate of Relocations and Housing

Defence Support and Reform Group (DSRG) has a dedicated Defence Relocations and Housing Manager based in each region. At the local level the Defence Relocations and Housing Manager (DRHM) is the primary Defence representative with Defence Housing Australia (DHA) and Toll Transitions. DRHMs are employed to assist Defence personnel and their families by liaising with DHA, Toll Transitions and the Defence Community Organisation (DCO) in each region to make their relocation easier for them and their families. The DRHMs have considerable experience in all aspects of relocations and housing.

The ultimate aim of the DRHM is to ensure that you and your family experience high quality customer service as you undergo a removal or change to your housing situation.

The DRHM network seeks feedback from members on the complete relocation service. This feedback is used to provide management in Defence and the service providers with information on how members feel about their removal experience but more importantly, the feedback is used to ensure that all removals and future removals are as stress-free as possible. A DRHM may visit you during an uplift or delivery to discuss and assess the standard of service being provided. In some instances the DRHM will contact you after a relocation to discuss whether the relocation met your expectations. In the past, these discussions have revealed region-wide trends or issues which have been addressed with contractors.

If you have an inquiry regarding your housing maintenance/ allocation or relocation services, do not hesitate to contact your local DRHM. If you are dissatisfied with the service provided or decision made by DHA or Toll Transitions your local DRHM will assist you to address and resolve your concerns.

DRHM Location	First Name	Surname	Phone	Mobile
Adelaide	Bill	Griggs	(08) 7389 3225	0407 211 389
	Leo	Pope	(08) 7389 3226	0418 801 981
Bandiana	Lea	Gayfer	(02) 6055 2187	0439 452 291
Brisbane	Brian	Gear	(07) 3332 6975	0402 824 035
	Phyllis	Gore	(07) 3332 6992	
Cairns	Merv	Dicton	(07) 4411 7922	0408 457 468
Canberra	Anton	Pecovnic	(02) 6265 8808	0404 823 765
	Treena	Stone	(02) 6127 2847	0404 823 765
Darwin	Louize	Jowitt	(08) 8935 4346	0438 924 351
Hobart	Tracey	Pannell	(03) 6237 7277	0418 651 744
Hunter	Roger	Lamothe	(02) 4034 6964	0413 728 512
	Neysha	Johnston	(02) 4034 9565	0429 127 082
Liverpool	Carey	Byrne	(02) 8782 4100	0409 125 687
Nowra	Steve	Daley	(02) 4421 3855	0428 441 808
Perth	Allan	Purdue	(08) 9311 2376	0408 970 557
	Cam	Druitt	(08) 9311 2076	0408 978 979
Richmond	Sara	Sullivan	(02) 4587 2314	0408 481 880
Southern Victoria	John	Gaffney	(03) 9282 3667	0407 462 437
	Christine	Sarkies	(03) 9282 3628	
Sydney	Greg	Richardson	(02) 9393 2146	0420 308 387
	Carmen	Azzopardi	(02) 9393 2148	0408 972 933
Tindal	Kylie	Henderson	08 8973 6594	0429 780 211
Toowoomba/Ipswich	Chris	Gordon	(07) 4631 4414	0419 103 415
Townsville	Merv	Dickson	(07) 4411 7922	0408 457 468
Wagga	Debbie	Simms	(02) 6937 4220	0428 238 046

Defence Relocations and Housing Manager key services to members are the:

- provision of Relocation and Housing advice to members and their families;
- maintenance of customer/provider relationships by participating in regular meetings and discussions with DHA and Toll Transitions managers to resolve issues and identify

trends and improvement opportunities;

- resolution of issues/complaints in relation to the provision of housing, maintenance, allocation, itinerary management and removals; and
- provision of advocacy on behalf of members and their families to resolve disputes with DHA or Toll Transitions arising from the provision of relocation, removal and housing services.

Members of the 1st Battalion The Royal Australian Regiment Group (1RAR GP) reunited in Townsville over the weekend of 11 -12 May to mark the 20th anniversary of their deployment to Somalia on Operation Solace.

Around 1000 Australian Defence Force (ADF) members were deployed to Baidoa in January 1993, Australia's largest overseas deployment since Vietnam.

The Chief of the Defence Force, General David Hurley was the Commanding Officer who led the ADF contribution to the United Nations sanctioned Unified Task Force.

"I was a Lieutenant Colonel when we deployed as part of the multinational force.

"The people of Somalia were suffering through famine and civil war.

"Our mission was to secure the Baidoa Humanitarian Relief Sector to ensure food and other humanitarian assistance could be delivered safely to the community," General Hurley said.

The Australians were recognised for their 'firm, fair and friendly' approach to security that won the respect of the United Nations, allied forces and non-government organisations working in the region.

"I am extremely proud that our efforts made a difference to the people of Somalia.

"We helped create significant improvement in the security situation which allowed them to begin rebuilding a functioning community," General Hurley said.

General Hurley said members of 1RAR GP also paid tribute to Lance Corporal Shannon McAliney who was accidentally shot and died while on patrol during Operation Solace.

The reunion was held at Coral Lines in Townsville to coincide with the 45th anniversary of the Battle of Fire Support Base Coral in Vietnam.



BULLETPROOF
NT TACTICAL GEAR

www.bulletproofnt.com.au

Telephone 08 8947 1954 Building 627 / 455 Thorngate Road
Robertson Barracks Holtze NT 0829



Garment TB Defence Approved Boots \$259.00



Olive Mudman \$179.00



Tactical Pack Sharpening Rod and Knife \$59.00



Oakley SI Ballistic M-Frame \$219.00



Utility Hydration Cover Multifoam \$48.95



Under Body Armour Combat Shirt \$89.95



Cool Undershirt Khaki \$28.95



Switchback Multifoam \$219.00



Bamboo Army Socks \$10.95



Icon Backpack Multifoam \$199.00



RAAF MUSEUM

Learn about Australia's Air Force in fascinating detail through thousands of memorabilia items, over 30 beautifully preserved aircraft and special flying displays.

Just over 30 minutes from Geelong on the Princes Highway.

Admission is FREE

- Open 10am daily (except Mondays)
- Closed Christmas Day & Good Friday
- Take the Point Cook Road of the freeway and follow the signs to the Museum.



Phone: 03 8348 6040
www.airforce.gov.au/raafmuseum

Located at historic Point Cook, the birthplace of the Royal Australian Air Force, the RAAF Museum houses the largest collection of military aircraft and related artefacts in Australia. Ranging from the Australian Flying Corps operating during World War 1 to the RAAF's peacekeeping and civil aid missions to the present day, the Museum displays combine objects and personal stories to give visitors an understanding of the rich history and traditions of this arm of the Australian Defence Force. These displays are augmented by thirty historic aircraft from the entire history of the RAAF, some of which are maintained in flying condition for displays every Tuesday, Thursday and Sunday at 1pm. Additionally, visitors are also treated to an opportunity to see the Museum's Restoration Hangar, where staff and volunteers are currently rebuilding a World War II Mosquito reconnaissance aircraft. Admission to the RAAF Museum is free, and the Museum is open from 10 am to 3 pm Tuesday to Friday and from 10 am to 5 pm on weekends and public holidays.

Arrivals Cafe

Freshly baked muffins/bread rolls
 Gourmet salad bar and sandwiches
 Great variety of delicious homemade pastries, cakes & slices
 Cold drinks. Outstanding coffee Catering for in-house & office Parties

Building 53
 RAAF Base
 Pearce
 08 9571 7717



SOUTH END BARBERS & INA'S SEWING SERVICE

Holland Road
 Southend Robertson
 Barracks
 Darwin

T: 08 8925 6723



Brigade Barbers



Building 628
 Lavarrack Barracks: Townsville
 9.00am till 3.00pm Mon till Friday

T: 07 4411 7131
 or 07 4411 1619

Men & Ladies Welcome



COURAGE

Michael Pengilly MP

Member for Finnis

1 Victoria Street
 VICTOR HARBOR SA 5211
 Telephone: (08) 8552 2152
 Facsimile: (08) 8552 4710
www.michaelpengilly.com.au
finniss@parliament.sa.gov.au

The Electorate of Finnis is one of the most beautiful and diverse locations in the State of South Australia. Only a short drive from Adelaide, it encompasses the Fleurieu Peninsula where the towns of Sellicks Beach, Myponga, Cape Jervis, Normanville, Yankalilla, Mount Compass, Victor Harbor, Port Elliot and Middleton are situated. The Electorate also includes the towns of Penneshaw, American River, Parndana and Kingscote which are located on Kangaroo Island. Every year thousands of visitors enjoy both regions; with Kangaroo Island being recognised as one of the true eco-destinations for international visitors, drawn to experience its wildlife and scenery. Both the Fleurieu Peninsula and Kangaroo Island are also recognised wine regions in their own right. Niche industries including fishing, cheese, flowers, honey, lavender and eucalypt production. Agriculture and Primary production have been a cornerstone of the economy in the Finnis Electorate for 175 years and will continue to be a vital part of the region long into the future.

Proudly supported by

Best Western Augusta Georgiana Molloy Motel

Stay at this Augusta motel, situated in the heart of town within close walking distance to restaurants, museums and craft shops.

Augusta is located on the most extreme south-west corner of Western Australia. The area boasts amazing wineries, breathtaking natural landscapes, fine food, pristine beaches and a relaxed lifestyle. Enjoy outdoor pursuits such as bushwalking, whale watching and walking among the wildflowers.

For friendly and knowledgeable staff and a convenient location in Augusta, make a reservation at the Best Western Augusta Georgiana Molloy Motel today!



84 Blackwood Avenue AUGUSTA WA 6290
 Phone: 08 9758 1255
 Fax: 08 9758 1033
 Email: gmlolloy@wn.com.au
 Web: georgianamolloy.bestwestern.com.au

FINANCIAL SECURITY THROUGH PROPERTY INCREASE YOUR RENT RETURN BY up to 50% WITH A DUPLEX



We make it easy!

- We will show you selected property thru South East Queensland.
- We will organise the agents to obtain tenants for you.
- We will organise the depreciation schedule to give to your accountant.
- You will be dealing direct with the land developer and the builder
- Let the TAXMAN and the TENANT pay off your retirement income.



**SPECIAL OFFER TO
 ADF MEMBERS ONLY!**
 AUSHOMES WILL PAY YOUR RENTAL
 RETURN WHILE YOU BUILD YOUR
 NEW INVESTMENT PROPERTY!!!
*CONDITIONS APPLY



**Phone today for an OBLIGATION FREE
 consultation in the comfort of your own home!**

Aneke 0405 203464
 Shaun 0414 646 513
or Phone 07 3809 5999

Web www.aushomes.com.au



BSA Lic. 77058

**AUSTRALIAN PEACEKEEPER &
PEACEMAKER VETERANS' ASSOCIATION**
MERCHANDISE ORDER FORM



(INCORPORATED IN VICTORIA)
ABN 59 558 194 094
APPVA
PO Box 480, Boronia Vic 3155
Phone: 03 9761 0468
Email: secretary@peacekeepers.asn.au
Website: www.peacekeepers.asn.au

MERCHANDISE	QUANTITY	OPTIONS – Please Circle	COST	SUB TOTAL
Navy Blue Polo Shirt		S M L XL XXL MENS/WOMENS	\$40	
Light Blue Polo Shirt		S M L XL XXL MENS/WOMENS	\$40	
Putty Polo Shirt		S M L XL XXL MENS/WOMENS	\$40	
Choc Brown Polo Shirt		S M L XL XXL MENS/WOMENS	\$40	
Pink Polo Shirt		S M L XL XXL MENS/WOMENS	\$40	
Black Polo Shirt		S M L XL XXL MENS/WOMENS	\$40	
White Polo Shirt		S M L XL XXL MENS/WOMENS	\$40	
Long Sleeved Chambray Shirt		Neck: cm Chest: cm	\$55	
Short Sleeved Chambray Shirt		Neck: cm Chest: cm	\$55	

MERCHANDISE	QTY	COST	QTY	MERCHANDISE	QTY	COST	SUB TOTAL
APPVA Cap		\$20		Stubby Holder		\$8	
APPVA Sticker		\$6		APPVA Magazine issue:		\$8 ea	
Book - COMBAT MEDIC		\$29					
Book - SOLDIERS' Tales		\$19					
Book - Aussie SOLDIER		\$29					
Please Note – GST, Postage and handling included.							TOTAL \$

CREDIT CARD

Send order form with completed details to Merchandise - APPVA PO Box 480, Boronia Vic 3155

Please charge my credit card for the amount of:..... Visa Mastercard

Credit Card No _____ / _____ / _____ / _____ Expiry Date _____ / _____

Name..... Signature.....

CHEQUE OR MONEY ORDER - Send order in mail with cheque or money order payable to APPVA PO Box 480, Boronia Vic 3155

DIRECT CREDIT - Internet Transfer

For Def Credit account holders:

Account: APPVA (AUS) BSB: 803-205 Account: 20638827 Member No: 153601

Include your name and the word "Merch" in the reference field and mail the order form.

Enter Member No 153601 (if required)

For All other Financial Institutions:

Account: APPVA BSB: 803-205 Account: 20638827 Member No: 153601

Include your name and the word "Merch" in the reference field and mail the order form.

Enter Member No 153601 (if required)

DELIVERY DETAILS

Title (Mr, Mrs, Ms, Dr (Rank) Address

Last Name City

Given Name(s) State Post Code

Email..... Country

Mobile.....

The Australian Peacekeeper & Peacemaker Veterans' Association (APPVA) will accept returned products / merchandise where:

- The product is faulty, or not fit for the purpose
- The product does not match the sample or description

Proof of purchase (APPVA merchandise receipt) must be provided in order to:

- Obtain a refund (if paid by credit card, the credit card will be credited), otherwise a cheque will be provided, or
- Re-issue a like article

IMPORTANT NOTES:

The APPVA will take the utmost care in packaging; however, we will not accept any responsibility for goods damaged in transit.

The APPVA will not accept returns where the product or merchandise is ordered specifically for an individual (e.g. Montage, clothing, etc).

All queries for return of merchandise must be received within 30 days from date of purchase and directed to APPVA Merchandise Officer at merchandise@peacekeepers.asn.au. Item returns will be at the discretion of the APPVA Merchandise Officer provided the above criterion is met in the first instance. Please choose carefully as APPVA cannot accept returns due to change of mind.

AUSTRALIAN PEACEKEEPER &
PEACEMAKER VETERANS' ASSOCIATION
APPLICATION FOR MEMBERSHIP



(INCORPORATED IN VICTORIA)
ABN 59 558 194 094
APPVA
P O Box 480, Boronia Vic 3155
Phone: 03 9761 0468
Email: secretary@peacekeepers.asn.au
Website: www.peacekeepers.asn.au

Contact Details

Title (Mr, Mrs, Ms, Dr (Rank) Address

Last Name City

Given Name(s) State Post Code

Date of Birth...../...../..... Country.....

Name of Parent/Partner/Child Email.....
(Complete only for Affiliate Membership)

Phone Mobile.....

Service Details

Missions *(Attach separate sheet if necessary)*

Service (Navy, Army, Air Force, AFP etc) Operation name..... Country.....

Service Regt Number Dates deployed to

Current / Former Rank..... Operation name..... Country

Post Nominal Date deployed to

I apply for either Full, Associate or Affiliate Membership to the Australian Peacekeeper and Peacemaker Veterans' Association (APPVA). I agree to abide by its Constitution, rules and regulations. By signing the document, I authorise the APPVA to verify my stated Service or that of my partner or parent / child. I understand my details as supplied on this form, will be kept on record by the National Executive and my respective State or Territory Branch.

Signed Dated.....

Membership Payment Options (due 1st of July annually) \$25 Renewal \$35 New

Credit Card

Send application with completed details to: APPVA PO Box 480, Boronia Vic 3155

Please charge my credit card for the amount of: \$25 (renewal) \$35 (new) Visa Mastercard

Credit Card No _____ / _____ / _____ / _____ **Expiry Date** _____ / _____

Name..... **Signature**.....

Cheque of Money Order

Send application in mail with cheque or money order payable to APPVA

Direct Credit - Internet Transfer

For Def Credit account holders:

Account: APPVA BSB: 803 205 Acc: 20638827 Member No: 153601
Lodgement Reference Field: include your name and or membership number (if known)
Surname: Enter AUS (1st 3 letters of acc name), then enter amount required
Enter Member No: 153601 (if required)

For All other Financial Institutions:

Account: APPVA BSB: 803 205 Acc: 20638827 Member No: 153601
Reference field: Include your name and or membership number (if known)

Membership Type - Please select criteria

Full Member

Open to any member or ex member of the Australian or New Zealand Armed Forces, Police Forces, Government Organisations or Defence Civilians who have Served on Warlike Operations; Peacekeeping or Peacemaking Operations; or Non-Warlike Service. In addition, Peacetime serving and ex Serving members of the Australian Defence Force (ADF). Full voting rights

Associate Member

Open to members of other National Armed Forces or Police Forces who have served in War, Peacekeeping or Peacemaking Operations. Persons who have served with Non-Government Organisations. No voting rights.

Affiliate Member

Open to all persons who have not been discharged for reasons of discipline, War Widows / Widowers, Defence Widows / Widowers, Partner(s), Parents and Children of an APPVA Veteran. No voting rights.

Persons applying for membership as a member or ex-member of an Armed Force, Police Force or, as a Defence Civilian meeting the above criteria for Full or Associate Membership, are required to complete the Service Details above. Persons applying for Affiliate Membership as a Parent, Partner or Child of a current APPVA member are required to complete the "Parent / Partner / Child" section in the Contact Details area above, to confirm the membership of the APPVA Member.

Seeking Expressions of Interest for 'The Peacekeeper'



In 2011 'The Peacekeeper' was dedicated as a memorial in Anglesea Barracks in Hobart. The Peacekeeper signifies the efforts and aspirations of Peacekeepers and Peacemaers to promote peace and provide a safe and secure world.

The APPVA Tasmania Branch is proposing to commission a 30cm (12") cold cast bronze figurine of The Peacekeeper as a fundraising initiative. Funds raised will be used to support APPVA activities and the Australian Peacekeeping Memorial Project.

The figurine will be manufactured by Naked Army (www.naked-army.com) and will complement the current Naked Army range of limited edition 30cm Australian military figurines. As a special commission The Peacekeeper will only be available from APPVA Tasmania Branch and selected outlets.

The proposed Recommended Retail Price for The Peacekeeper is \$199:00 (GST Inclusive), with a special discounted APPVA Member's price of \$175:00 (GST Inclusive).

For this project to be viable we need at least 200 people to indicate their interest in acquiring this unique Peacekeeping and Peacemaking memento. If you would like to acquire your own copy of The Peacekeeper could you please provide the following information (please print clearly):

Name:

Postal address:

.....

Telephone: Email

I would like to acquire.....(insert quantity) copies of 'The Peacekeeper'

Expressions of Interest should be emailed or posted to:
 Email: taspres@peacekeepers.asn.au
 Post: 'The Peacekeeper'
 APPVA Tasmania Branch 63 Davey Street, HOBART TAS 7000

Battlegroup Solutions.

Better decisions deliver better outcomes.

Integrated communications?

Enabling network-centric operations for combined forces through advanced radio and C4I solutions

Maintaining battlefield dominance?

Innovative and modular vehicle and soldier systems that adapt to any mission

Force protection?

Developing new armoured vehicles, base security, counter-IED, jamming and field communication systems

Minimising collateral damage?

Ensuring long-range positive identification 24/7 through surveillance systems and target designators coupled with precision strike effectors

Situational awareness?

Supporting critical decision making in the heat of battle with surveillance and C4I solutions



Decisions about defence are increasingly complex and the need for Land Forces to build, update and disseminate a common operational picture has never been greater. Thales is unique among Defence suppliers in its ability to deliver systems and communication technologies that permanently link land-based units of action with those of air and sea. Our combat proven solutions range from large cooperative systems to soldier/vehicle systems and key equipment and services. Delivering operational superiority through providing information dominance, we enable decision-makers to master complexity in critical scenarios and make timely decisions that obtain the best outcomes.

To learn more about our Battlegroup solutions, scan the QR code or visit thalesgroup.com.au

THALES

Together • Smarter • Safer

SEE WITHOUT BEING SEEN

Our RED-I thermal imaging technology is helping to protect frontline soldiers.

Handheld, goggle or helmet mounted, RED-I enables discreet observation and accurate fire without having to break cover.

A lightweight system with a long battery life, RED-I delivers crystal clear images and is compatible with other thermal mounted systems.

To find out how RED-I meets the needs of the Australian soldier and to arrange a demo, email au.thermalvision@baesystems.com.

